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SERVICES
Orthros 9:00 a.m..
Divine Liturgy 10:00 a.m.
St. George Greek Orthodox Cathedral

**Priest**
Very Reverend Father Andrew H. Mahalares

**Board of Directors**
Richard T. Boisvert-President
Timothy Giotas-Vice President
Katherine M. Labanaris-Treasurer
Steve C. Chakas-Secretary
Dick Anagnost
Christos F. Chrisafides
Frank C. Comerford
Jason Cote
Electra Voulgaris Joaquin
Chris Kehas
George Kitsis
John G. Mokas
Tamam Smith
Mary Sysyn
Greg Timbas

**Anagennesis Board of Directors**
Cathy Mouflarge Boisvert-President
Kelly O'Brien Hebert-Vice President
Stephanie Orr-Treasurer
Jenny Dakos-Secretary
Dorothy Chakas-Membership
Diane Spiro LaRoche-Sunshine
Marga Bessette
Angela Dion
Carol Dionis
Tana Kilmer-Gustafson
Kathryn Dovas-Jaskolka
Cindy Gatzoulis-Klinefelter
Diane Orr

**Office Personnel**
Joyce Bourque
Soultana Mantzoufhas

**Chanters**
Mark Adam
Nola Kalantzis

**Church Choir**
Cathy Boisvert– Sr. Choir Director
Helen Minkle– Youth Choir Director
Joyce Trapotsis– Organist

**Sunday School**
Nikki Moutsiosoulis

**Greek School**
George Kitsis
Christos Anesti! Christ is Risen!

It’s difficult to believe that as you receive this, it will already be June! WOW! Half the year will almost be over and we will need to focus on our preparations for the GLENDI and the Fall and Winter programming for our cathedral parish family.

Just yesterday, the following interesting story was given to me in the Bible Study Group I have every Wednesday. As I read it, I was thinking about something we often say, or have heard; “don’t sweat the small stuff”. But as you read through it, you will see it has a much deeper meaning. I am hoping that the meaning will be just a bit different for each of us as we read this, and numerous personal events and circumstances will pop into our heads as we nod in agreement with its overall message. Please allow me to share it and please, spend time re-reading it so you may grasp its full meaning. It is called…..

**The Mayonnaise Jar and Two Cups of Coffee**

When things in your lives seem almost too much to handle, when 24 hours in a day are not enough, remember the mayonnaise jar and the 2 cups of coffee.

A professor stood before his philosophy class and had some items in front of him. When the class began, he wordlessly picked up a very large and empty mayonnaise jar and proceeded to fill it with golf balls. He then asked the students if the jar was full. They agreed that it was.

The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full. They agreed it was.
The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous “yes”.

The professor then produced two cups of coffee from under the table and poured the entire contents into the jar, effectively filling the empty space between the sand. The students laughed.

“Now,” said the professor as the laughter subsided, “I want you to recognize that this jar represents your life. The golf balls are the important things—your family, your children, your health, your friends and your favorite passions—and if everything else was lost and only they remained, your life would still be full.

The pebbles are the other things that matter like your job, your house and your car.

The sand is everything else—the small stuff. “If you put the sand into the jar first,” he continued, “there is no room for the pebbles or the golf balls. The same goes for life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important to you.

“Pay attention to the things that are critical to your happiness. Play with your children. Take time to get medical checkups. Take your spouse out to dinner. Play another 18. There will always be time to clean the house and fix the disposal. Take care of the golf balls first—the things that really matter. Set your priorities. The rest is just sand.

One of the students raised her hand and inquired what the coffee represented. The professor smiled. “I am glad you asked.”

It just goes to show you that no matter how full your life may seem, there always is room for a couple cups of coffee with a friend.”

Enjoy your summer and don’t forget to leave time for a cup of coffee or two with a friend.
Alithos Anesti! Truly He Is Risen!

+Father Andrew
SCHEDULE OF SERVICES AND SACRAMENTS
JUNE & JULY 2011

JUNE

1st Wednesday, Bible Study in the Annex, 11:30am – 12:30pm

2nd Thursday, Ascension of Our Lord, Divine Liturgy, 10am

4th Saturday, Baptism of the son of Michael & Elizabeth Ferrari, 11am
Baptism of the daughter of Curtis & Erica (Jaskolka) Barnes, 1pm

5th Sunday, Orthros, 9am; Sunday School & Divine Liturgy, 10am
5-year Memorial for Irene Karagis Kilmer

8th Wednesday, Bible Study in the Annex, 11:30am – 12:30pm

11th Saturday, OF SOULS, Divine Liturgy and Memorial Prayers, 10am
Blessing of Pets following services

12th Sunday, OF PENTECOST, Orthros, 9am; Divine Liturgy 10am;
Kneeling prayers for Pentecost at end of the Liturgy and
Sunday School end of year program following kneeling prayers

15th Wednesday, Bible Study in the Annex, 11:30am – 12:30pm (Last one till Oct.)

19th Sunday, Orthros, 9am; Divine Liturgy, 10am; HAPPY FATHER’S DAY!

26th Sunday, Orthros, 9am; Divine Liturgy, 10am; 1-year Memorial: Soterios Dakos
Baptism of the daughter of Jeff & Sophia Pollock, 12noon

29th Wednesday, Sts. Peter and Paul, Divine Liturgy, 10am

JULY

2nd Saturday, 1-year Memorial for Evangeline Xanthou, 11am

3rd Sunday, Orthros, 9am; Divine Liturgy, 10am

10th Sunday, Orthros, 9am; Divine Liturgy, 10am

17th Sunday, Orthros, 9am; Divine Liturgy, 10am

20th Wednesday, Prophet Elias, Divine Liturgy, 10am

24th Sunday, Orthros, 9am; Divine Liturgy, 10am

31st Sunday, Orthros, 9am; Divine Liturgy, 10am; 3-year Memorial: Bill Barber
Community News

**FUNERALS:**
George Dongas
Mary Nenopoulous
*May their memory be eternal!*

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**3 Important Dates to Remember**

- **Sunday, June 5th**
  - Greek School Graduation
  
- **Sunday, June 12th**
  - Sunday School End of the Year Program

*The events will be held here at the St. George Cathedral Community Center following services*

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**SENIOR EXERCISE GROUP**

Come exercise and have a fun time doing it. The class meets on Wednesdays from 10:00—11:00 a.m., in the Community Center. In June, classes will be held on June 1st, 15th, and 22nd.

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**Helping Hands Stitchers**

We are busy creating hats, mittens, and scarves which will be distributed to the needy in the fall. We will not be meeting during the summer months but will be working at home. Many thanks to the generous people who donated yarn to our cause.

You can count on us to put it to good use!

Have a wonderful summer!

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**The Parish Nurse**

The Parish Nurse is available the **FIRST WEDNESDAY** this month for the Blood Pressure Screening. She will be available on Wednesday, June 1st, from 9:00-11:00 a.m., in the Community Center.
Community Contributions

Donations were made to the following funds in memory of

St. George Greek Orthodox Cathedral Beautification Fund
Agathoklis Giotas $40.00
Aspacia Lambrou $75.00
Dino Anagnost $65.00

St. George Greek Orthodox Cathedral Senior Choir Fund
Costas (Gus) Koukos $50.00

St. George Greek Orthodox Cathedral Sunday School Fund
Ruby Panteli $100.00

A donation was made by Mrs. Helen Benson to the Maintenance Fund of $150.00.

We would like to thank everyone in our community who graciously donated at Easter. Our contributions totaled $2,348.28.
Dates to Remember

Sunday, June 5th
Greek School Graduation

Sunday, June 12th
Sunday School End of the Year Program
### Community Activities for 2011
(Revised as of March 2011)

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Sat., February 26</td>
<td>Apokreatiko Dance</td>
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<tr>
<td>Sun., March 13</td>
<td>Lenten Luncheon</td>
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<tr>
<td>Sun., April 10</td>
<td>Greek Independence Day Parade in Boston</td>
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<tr>
<td>Sun., April 17</td>
<td>Palm Sunday Dinner (Sponsored by the Anagenesis Ladies Society)</td>
</tr>
<tr>
<td>Sun., May 8</td>
<td>Mother's Day Luncheon (Sponsored by the Board of Directors)</td>
</tr>
<tr>
<td>Sat., May 21</td>
<td>Glendi-Style Lamb Shank Dinner 4-8 p.m. (Public Invited)</td>
</tr>
<tr>
<td>Sun., May 29</td>
<td>Scholarship Sunday</td>
</tr>
<tr>
<td>Sun., June 5</td>
<td>Greek School Graduation (St. George Cathedral)</td>
</tr>
<tr>
<td>Sat., June 11</td>
<td>Barbecue Blooming Blessings</td>
</tr>
<tr>
<td>Sun., June 12</td>
<td>Sunday School Graduation</td>
</tr>
<tr>
<td>Sun., June 19</td>
<td>Father's Day Coffee Hour (Sponsored by the Anagenesis Ladies Society)</td>
</tr>
<tr>
<td>June TBA</td>
<td>Picnic @ Contocook Retreat Center</td>
</tr>
<tr>
<td>August 1st thru 5th</td>
<td>Vacation Church Camp</td>
</tr>
<tr>
<td>Mon., September 5</td>
<td>Labor Day Breakfast</td>
</tr>
<tr>
<td>Fri., Sat., and Sun., Sept. 16th, 17th, 18th</td>
<td>Glendi</td>
</tr>
<tr>
<td>Sun., September 25</td>
<td>First Day of Sunday School</td>
</tr>
<tr>
<td>Sat., October 8</td>
<td>Sports Ball</td>
</tr>
<tr>
<td>Sun., October 16</td>
<td>Outreach Coffee Hour (It is a day you will bring friends and relatives to church service)</td>
</tr>
<tr>
<td>Sun., October 23</td>
<td>Daughters of Penelope Breakfast (tentative)</td>
</tr>
<tr>
<td>Sat., November 12</td>
<td>Cabaret</td>
</tr>
<tr>
<td>Sun., November 13</td>
<td>Veterans Day Program (with coffee hour)</td>
</tr>
<tr>
<td>Sat., November 19</td>
<td>Bake Sale and Flea Market 7-2 p.m.</td>
</tr>
<tr>
<td>Sat., November 26</td>
<td>AHEPA Ball</td>
</tr>
<tr>
<td>Sat., December 24</td>
<td>Coffee and pastries following Christmas services</td>
</tr>
<tr>
<td>Sat., December 31</td>
<td>New Year's Eve Dance</td>
</tr>
</tbody>
</table>

Activities are an important way for community members to become involved in the community experience. We have set these dates for upcoming events for the year in hopes of achieving our goal of community involvement. The chairperson of these activities is Electra Voulgaris Joaquin. If you have any questions or would like to participate in the planning of these activities please call Electra at (603)623-3928.
Tri-Ortho Luncheon

Seniors 55 +

Wednesday, June 8, 2011 at noon

at St. George Cathedral Community Hall

Summer Break Luncheon

Members are invited

Donation: $5.00

Advanced Ticket Sales Only

50/50 Raffle
2011
Vacation Church Camp
VCC
"Wanted by God!"
Rewards Await you in Heaven!
August 1st thru August 5th
Grades K thru 6th
8:30am to 12:30pm
Children will enjoy 5 days of:
Arts & crafts, music, games, religion,
Snack time with friends and more...
$25.00 registration fee
Financial aid is available
for anyone in need.
Deadline for registration is June 15th
Late registration, $30.00
For more info please contact
Kelly O'Brien Hebert at 647-7205 or
kobb@partnersrg.com

DON'T DELAY!!
Our camp fills up fast, register now to ensure your spot!
Please fill out the registration form on the back and return to
the church office by July 1st!
HOPE TO SEE YOU THERE!
REGISTRATION FORM
Metropolis of Boston
Summer Camp 2011

SUMMER DATES

JOIN US DURING OUR SUMMER SESSIONS:

FAMILY CAMP: June 29 - July 3 (Session 1)
SESSION 2: July 4 - 10
SESSION 3: July 11 - 17 (Embracing Children)
SESSION 4: July 18 - 24
SESSION 5: July 25 - 31
SESSION 6: August 1 - 7

Register now for a summer session at www.mbcamp.org
CALL 603-746-4400 OR E-MAIL MBCAMP@TDS.NET FOR MORE INFORMATION.

*SCHOLARSHIPS AVAILABLE*
St. George Greek Orthodox Cathedral ~ Manchester, NH

**GOYA Happenings**

Calling kids of ages ranging

11–13 for Jr. Goya and 14 – 18 for GOYA

We just need you to join the fun!

"Blooming Blessings" – Bring your family to help beautify the church and enjoy a BBQ on Saturday, June 11th, 9am–3pm

**GOYA Meeting** – help us plan the calendar of events for July 2011 – June 2012! Immediately following coffee hour

Sunday, June 12th, 12:45pm

For further info contact: katherine.koutroubas@comcast.net or Ginny Tsirimokos at tsirimokos@comcast.net
Thank You:
Thank you to our parishioners for donating red eggs for Easter services.

Community:
Last month, we helped furnish a Sunday School classroom with new desks.

We hope all the mothers, grandmothers, and godmothers enjoyed their bookmarks for Mother's Day.

Welcoming all fathers, grandfathers, and godfathers for a special treat on Father's Day at fellowship.

Glendi 2011
Cooking/Baking Schedule
Anyone interested in chairing pastichio please call Cathy Mouflarge-Boisvert @669-4155.

<table>
<thead>
<tr>
<th>Date</th>
<th>Item</th>
<th>Chairs</th>
<th>Phone #</th>
</tr>
</thead>
<tbody>
<tr>
<td>June 6 &amp; 7</td>
<td>Stuffed Peppers</td>
<td>Teddy Karagiannis</td>
<td>625.1234</td>
</tr>
<tr>
<td>June 24 &amp; 25</td>
<td>Dolmades</td>
<td>Carol Dionis</td>
<td>434.8527</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Jenny Dakos</td>
<td>887.4477</td>
</tr>
<tr>
<td>June 27</td>
<td>Meatballs</td>
<td>Tana Gustafson</td>
<td>668.0561</td>
</tr>
<tr>
<td>August</td>
<td>Kourambiedes</td>
<td>Angela Dion</td>
<td>424.3557</td>
</tr>
<tr>
<td>August</td>
<td>Koulourakia</td>
<td>Cindy Klinefelter</td>
<td>315-1573</td>
</tr>
<tr>
<td>August</td>
<td>Finikia</td>
<td>Maria Damalas</td>
<td>627.1618</td>
</tr>
<tr>
<td>Sept. 9 &amp; 10</td>
<td>Pastichio</td>
<td>Chair Person Needed</td>
<td></td>
</tr>
<tr>
<td>Sept. 11</td>
<td>Crumble Feta</td>
<td>Angela Dion</td>
<td>424.3557</td>
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<tr>
<td></td>
<td></td>
<td>Kelly McKnight</td>
<td>425.1722</td>
</tr>
<tr>
<td>Sept. 12 &amp; 13</td>
<td>Pita</td>
<td>Angela Dion</td>
<td>424.3557</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Kelly McKnight</td>
<td>425.1722</td>
</tr>
</tbody>
</table>

Look for a revised cooking schedule in July's newsletter.

Volunteers needed, please come for a couple of hours or stay.
It is hard to believe that our End-of-the-Year Program will be held this month! It seems like just yesterday that we were welcoming children and parents to Sunday School. The program will be held on June 12th in church at the end of the Divine Liturgy. I hope you will join us.

On Saturday, June 18th the Sunday School Field Trip to Canobie Lake Park will be held. We are praying for good weather! Permission slips in the classes. One permission slip is needed for each child—no family slips. Completed forms to the Sunday School office in order for children to be allowed to attend. We look forward to spending a wonderful day at the park!!

The Easter Egg Hunt was held on St. Thomas Sunday. The children had a great time hunting for eggs and claiming their prizes.

The children participated in many different projects this year. They made crosses and icons. Classes 6 & 7 have decorated their ceiling tiles in addition to making the standing mosaic cross. We hope to have the tiles on display in the Community Center on June 12th. You can see the work of our budding artists!

We are looking forward to the next school year. Teachers are busy determining what books and supplies will be needed. We are looking at our curriculum to see if we need to make any changes. What we are most looking forward to is greeting the children in September—hopefully lots of children!!
## Financial Statement

**May 2011**

<table>
<thead>
<tr>
<th>Revenue</th>
<th>Expenses</th>
</tr>
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<tbody>
<tr>
<td>$12,839.59</td>
<td>$9,853.07</td>
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**Total:** $2,986.52

<table>
<thead>
<tr>
<th>Year-to-Date Revenue</th>
<th>Year-to-Date Expenses</th>
</tr>
</thead>
<tbody>
<tr>
<td>$128,979.90</td>
<td>$246,909.95</td>
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</table>

**Total (\$117,930.05)**
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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<tr>
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<td></td>
<td></td>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
</tr>
<tr>
<td>Fish Allowed Wine allowed</td>
<td>Oil allowed Dairy, Eggs, and Fish allowed</td>
<td>Strict Fast Fast Free</td>
<td>Hearing Screening in CC 9:30-11:00 a.m. Blood Pressure Screening in CC 9:00-11:00 a.m. Senior Exercise Group in CC 10:00-11:00 a.m. Central Crew Meeting in Annex 6:00 p.m.</td>
<td>Ascension of Our Lord Div. Lit. 10:00 a.m.</td>
<td>Manchester Teacher Appreciation Banquet in CC 8:00-8:00 p.m.</td>
<td>Ferrari Baptism 11:00 a.m. Barnes Baptism 1:00 p.m.</td>
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<td>11</td>
</tr>
<tr>
<td>Orthros 9 a.m. Div. Lit. 10 a.m. 5-yr. mem. ser. for Irene Karagis Kilmer Greek School Graduation following services</td>
<td>Preparing stuffed peppers in CC 9:00 a.m. Anagenesis Ladies Society Meeting in Annex 6:30 p.m. Adult Greek Class in CC 6:15-8:00 p.m.</td>
<td>Cooking stuffed peppers in CC 9:00 a.m. Little Lambs in Annex noon-2:00 p.m. NOA Club Meeting in Annex 5:30 p.m.</td>
<td>Bible Study in Annex 11:30-12:30 p.m. Tri-Orthro Luncheon in CC noon</td>
<td>Red Hatters in Annex noon-4:00 p.m. AHEPA Meeting in Annex 7:00 p.m.</td>
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<td>12</td>
<td>13</td>
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<td>18</td>
</tr>
<tr>
<td>Sunday of Pentecost Orthros 9:00 a.m. Div. Lit. 10:00 a.m. Sunday School End of the Year Program Jr. GOYA? GOYA Meeting after coffee hour</td>
<td>BOD Meeting in Annex 7:00 p.m. Adult Greek Class in CC 6:15-8:00 p.m.</td>
<td>Little Lambs Group in Annex noon-2:00 p.m.</td>
<td>Senior Exercise Group in CC 10:00-11:00 a.m. Bible Study in Annex 11:30-12:30 p.m.</td>
<td>Ted Gatsas Political Fundraiser Event in CC 6:00-8:00 p.m.</td>
<td>Rainbow Theater (Rehearsal) in CC 3:00-10:00 p.m.</td>
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<td>19</td>
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<td>25</td>
</tr>
<tr>
<td>Orthros 9:00 a.m. Div. Lit. 10:00 a.m. Father’s Day Luncheon</td>
<td>Preparing &amp; cooking meatballs in CC 9:00 a.m.</td>
<td>Little Lambs Group in Annex noon-2:00 p.m.</td>
<td>Senior Exercise Group in CC 10:00-11:00 a.m.</td>
<td></td>
<td>Preparing dolmades in CC 9:00 a.m.</td>
<td>Cooking dolmades in CC 9:00 a.m.</td>
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<td>26</td>
<td>27</td>
<td>28</td>
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<tr>
<td>Orthros 9:00 a.m. Div. Lit. 10:00 a.m. 1-yr. mem. ser. for Soterios Dakos Pollock Baptism at noon</td>
<td></td>
<td>Little Lambs Group in Annex noon-2:00 p.m.</td>
<td>Saints Peter &amp; Paul Div. Lit. 10:00 a.m.</td>
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</tbody>
</table>
Ads