



St. George Greek Orthodox Cathedral

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F E B R U A R Y 2 0 1 2

A BRIEF MEDITATION ON LENT

All of us lead lives so filled with the demands of work and family that little time is left to us to cultivate the garden of our soul. In our preoccupation with the ceaseless business of life, our spirit, if not completely forgotten, is often sadly neglected. When we do find the time to look at ourselves honestly, we soon discover that the spirit of the world has gradually and imperceptibly eaten away at our good intentions; we have become shop-worn by the cares and self-centered spirit of the world.

Fortunately for us, the church recognized from its earliest days that we would need regular periods of reflection and renewed effort if we were to free ourselves from the relentless grip of worldly cares, to once again imitate the example of Christ and reflect it in our lives. It did so by developing the season of Lent, a season which invites us to renew our concentration on prayer, fasting, and almsgiving which lie at the very heart of Christian living.

Through the discipline of quiet prayer, we acknowledge and affirm the sovereignty of almighty God in our lives. In doing so, we surrender the notion of living according to the principle of power; we accept that we are not the measure of all things. In the practice of fasting, we seek to overcome the power that material things have gained over us; we strive to be servants of the sacred and not merely masters of the material and profane. Finally, we are called to almsgiving, through which we share the fruits of our labor with those in need, and thus surrender our natural tendency to be self-seeking. Prayer which unites us to God, fasting which curbs our ceaseless desires, almsgiving which allows us to actively love our neighbor as ourselves --- these are the transforming gifts of Lent, which for those of us in the Eastern Orthodox Church begins on February 27th.

If they are to convey their wonderful grace, however, we must make them the tools by which we deepen and enrich our faith and relationship to Jesus Christ. That, truly, is what it means to be a Christian. The wisdom of the ages invites us once again to this marvelous opportunity to find God in our lives; let us take care that we not waste it.

Father Andrew

Defibrulators

The Cathedral is in the process of purchasing two defibrulators. One will be placed in the Narthex of the Cathedral and the other in the Community Center. Since there are always different groups in each building at different times and dates, we need to train as many people as possible in how to use the defibrulators. If you are interested in being trained, please let the office know and what are good times for you to be trained (i.e. weekday, mornings, afternoon or evening, weekend Saturday or Sunday mornings, afternoon or evening). We will schedule two or three times to train as many people as possible.

Metropolis of Boston Family (February 24-26, 2012) and GOYA (February 17-20, 2012) Winter Camp in Contoocook, NH.

PRESIDENTS LETTER

Dear Fellow Parishioners,

The first few weeks back have been extremely enjoyable and exciting times with a lot of positive energy as parishioners reach out and ask how they can help. Some parishioners even indicated how much they enjoyed my "Inaugural Address". Wink, Wink. One parishioner even asked for the GLENDI dates so they could schedule their vacation accordingly. Now that's what I'm talking about!

Our first board meeting was held on January 16th and even though it was a holiday Father Andrew and the full board without exception indicated their willingness to meet that evening and get started on our work for the new year. In the past we always had a particular board member who always refused to meet on any holiday in the evening. My how times have changed! Father Andrew and the board had a very productive first meeting where ideas and thoughts were exchanged and all unanimously agreed we will all work together to our one common goal: We must all work together for the common good of our church and our parishioners. We must refrain and stay away from those who would try to destroy the church from within when stubbornness and adherence to the certitude of I am right and you are wrong dominate the discussions that take place. The arrogance that my side is right and I have all the wisdom has no place here at our church. We are all parishioners of this cathedral and we must all find common ground in order to build a better church to serve ALL of us.

We are in the process of forming committees as I send you this letter. The committees will be made up of board members and parishioners of our cathedral. If you would like to serve on any of the committees, please contact me at 361-3259 or the church office 622-9113. The committees include the following:: Finance/Bingo, Education/Youth, Capital Improvements/Maintenance, Technology/Publications, Membership, Human Resources, Community Activities/Senior Services/Outreach Program, GLENDI, Library/Museum/Bell Garden.

We have started to chart our course. I look forward to receiving your ideas, your thoughts, and your constructive criticism in order to share this information with the board and be as responsive as we can possibly be with all the parishioners of our community.

I love you all! Sincerely yours,
George N. Copadis, President,
St. George Greek Orthodox Cathedral

P.S. Our APOKREATIKO GLENDI will be held on Saturday February 25, 2012 from 7pm-11pm. The cost is \$10.00 per person and tickets are available through Toula Barber (chicken pot pie !) 668-6839 or Joyce at the church office 622-9113. Hope to see all of you there !

AHEPA District Scholarship

AHEPA District Scholarship applications are available online at our website www.ahepadistrict9.org.

The deadline for submitting applications is
April 15, 2012.

All applications must be mailed and postmarked by that date.

SUNDAY SCHOOL Nikki Moutsioulis

Lent is quickly approaching! The children will study lessons on the fast and preparations for Holy Pascha. Lent will begin on Clean Monday, February 27. What will you do to prepare? Fast? Pray? Do good works? All of the above in some way, shape or form?

SURRENDERING TO CHRIST TO MAKE LENT A LIFE-CHANGING EVENT

1. Surrender your hands to Christ. Make them hands of His love. Write a letter to a friend long ignored. Express your appreciation for your friendship; recommit yourself to this precious relationship.
2. Surrender your voice to Christ. Make it the voice of His love. Phone (NOT e-mail or text) two or three people you've intended to connect with but have not. Tell them what they mean to you or say "thank you" or "I'm sorry."
3. Surrender your deeds to Christ. Make them the deeds of His love. Take something you have made to someone who means a great deal to you, but for whom you rarely express your love—perhaps a fresh loaf of bread with your affection as a wrapping.
4. Surrender your feet to Christ. Make them the feet of His love. Visit someone who is home-bound, at the hospital, lonely or hasn't been to Liturgy in a while. Nothing can take the place of a personal visit. Don't expect to be rewarded, but do it simply because it is the right thing to do.
5. Surrender your heart to Christ. Make it the heart of His love. Make a list of 10 people—friends and otherwise—for whom you will pray daily. Forgive them if they have wronged you. Ask for forgiveness if you have wronged them.

St. John Chrysostom, Archbishop of Constantinople, in his sermon which is read on Easter Sunday speaks of those who fasted from the first hour and those who fasted from the eleventh hour and calls all to enter into the joy of our Lord. Let us all put forth our best effort to prepare from the first hour and see how our lives will change for the better when we surrender to Christ.

OLD GREEK 78 RPM RECORD DRIVE

Donate your old 78rpm Greek records to the Church and help us reduce our expenses. DJ Meleti will offer the Church a credit in return for old Greek 78rpm records. The records must be in good condition, without and chips or cracks. The credit we receive will help reduce our expenses for upcoming dances and for our festival. You may bring the records by the office anytime during the day.

ANNUAL COAT DRIVE FOR THE SALVATION ARMY

To Father Andrew, the Parishioners of St. George, Family and Friends,

I would like to send a HUGE thank you for everyone who contributed to my annual Coat Drive for the Salvation Army. This is my second year and I hope to continue through my senior which gives my 3 more years. It is always my goal to top my previous year's collection so save anything you or your family might out-grow or no longer wear for next years drive.

Most Sincere Thanks,
Katie Terrio

year	facility	cash donation	coats	accessories	other article
2010	Parkside		45		
2011	West HS	\$200	31	75	7
2012					
2011	St. George		32	2	26
2012					

* accessories being hats, mittens, scarves, etc
** other donated articles of warm clothing

GREATER MANCHESTER HELLENIC SCHOLARSHIP FUND

The Trustees of the Greater Manchester Hellenic Scholarship Fund invite qualified high school seniors, college freshmen, and college sophomores to apply for 2012 scholarships. Applications are available at the Church office. Completed applications with official transcripts must be returned to the office no later than April 1, 2012.

MEMBERSHIP DUES

Thank you to all the parishioners who paid their dues for 2011. If you haven't paid your dues for 2011, please mail in your payment with the membership form. In January we will be mailing out forms for membership dues for 2012.

SENIOR EXERCISE GROUP

The Winter season has arrived. Come enjoy invigorating exercise, with the ladies. Our classes meet every Wednesday in the Community Center from 10:00-11:00 a.m. If you have any questions, feel free to call the Cathedral office at 622-9113.



St. George Greek Orthodox Cathedral

650 Hanover Street
Manchester, New Hampshire

Invites you to

An Apokreatiko Celebration

Saturday, February 25, 2012

7pm – 11:00pm

In the church hall

D.J. Meleti

Greek and American Dancing

Variety of Hors D’oeuvres

Cash Bar

More information to come:

Toula Barber : 668-6839

Cathedral Office: 603-622-9113

HOPE/JOY NEWS

Last month a group of children and adults enjoyed listening to Father Andrew discuss The Theophany and the many name days our church celebrates. Children also decorated scented pine cones. Once again, the children were excited to see each other and they always enjoy the Annex; it is a great resource for our Church.

Please join us for our February meeting!

Next Meeting Date: February 3rd.

SCHEDULE - 6:00 p.m. to 8 p.m.

6:00 arrive-meet in the Annex

6:15 lesson, 6:30 craft, 7:00 snack

7:30 closing and clean-up

We look forward to seeing you!!

COMMUNITY NEWS

Free Blood Pressure Screening

Every 2nd Wednesday of the month....bring a friend.

She will be here on January 11th from 9:00 a.m. -

11:00 a.m., in the Community Center.

Our Deepest Sympathy

Lambros Theodosopoulos, Christos Papachristos, and Edward Crusade. May their Memory be Eternal.

Welcome New Members

Mrs. Kimberly Adams and Mr. William Jordan.

COMMUNITY CONTRIBUTIONS

St. George Greek Orthodox

Cathedral Beautification Fund:

Tully John Folis \$1360.00

Mary Lucas \$690.00

Zoitsa Tzimopoulos \$50.00

St. George Greek Orthodox Choir Fund:

Tullu John Folis \$150.00

The Anna Theodosopoulos Scholarship Fund:

Lambros Theodosopoulos \$335.00

Mary Spiro \$25.00

Glikeria Statires \$200.00

Sophia Tatsis \$50.00

The Greater Manchester Hellenic Scholarship Fund:

George Millios \$75.00

John Botop \$100.00

Donations were made in memory of:

Mr. & Mrs. Alfred Rodanas generously donated \$100.00 to the St. George Greek Orthodox Cathedral Beautification Fund in memory of the Rodanas Family.

Mr. & Mrs. Rigas Karoutsos generously donated \$100.00 to the St. George Greek Orthodox Cathedral Beautification Fund in memory of Efi and James Tsarouhas.

GOYA HAPPENINGS

GOYA has been meeting regularly either the first or second Sunday of each month following church services and coffee hour. Our goal is to incorporate spiritual, cultural, charitable and social events throughout the year for members ranging in age of 12 - 18. Some upcoming events include:

Sunday, February 12th - Valentines Bake Sale

Homemade Valentine Treats will be on sale

just in time for the Holiday! Chairperson: Katina Smith

Sunday, February 19th - Meeting and Event

Meeting with lunch immediately following church

Working at New Horizons Soup Kitchen ~ 1-3pm

Chairperson: George Tsirimokos

Snowtubing on a Saturday Night at McIntyre - Date TBD

GOYA sponsored event for GOYANS

\$5pp to reserve your spot

Chairpeople: George Tshirimokos and Christina Spanos

More plans in the works....

Assisting HOPE/JOY with meeting - Spring Date TBD

Chairperson: Christina Spanos

Assisting The Board with Sunday Church Services -

Spring Date TBD, Chairperson: Katina Smith

Blooming Blessings - June Date TBD

GOYA Retreat at Contoocook - June Date TBD

Watch bulletins, emails and Facebook for latest info!

Return Service Requested



Anagenesis News for February 2012

Community:

A check for \$400.00 will be given to the Santa Fund in lieu of our annual Christmas card.

Saturday of Souls:

Please submit the names of your loved ones to be read at the Saturday Church services held:

February 18th • February 25th • March 3rd

Please see one of the Anagenesis Board members in attendance before the liturgy if you have Koliva.

May our Lord remember all the departed in His Kingdom.

Cash Calendar:

Our Annual Cash Calendar fundraiser will begin in January. Buy your tickets during coffee hour starting in January.

Easter Flower Donations:

Those who wish to make a donation towards our Easter flowers may send a check to the church office made out to Anagenesis. If you are interested in donating a specific floral piece for the Lenten period through Easter please contact Kelly O'Brien Hebert to discuss your request as soon as possible at 533-1663. All monetary donations for the flowers are welcome and very much appreciated!

St. George Board of Directors

Copadis, George
President

Anagnost, Dick
1st Vice President

Giotas, Timothy
2nd Vice President

Comerford, Frank C.
2nd Vice President

Mokas, John G.
Treasurer

Moutsioulis, Nicolette
Secretary

Blatsos, Philip
Asst. Treasurer

Kitsis, George
Smith, Tamam
Stavropoulos, John
Timbas, Gregory

Anagenesis Ladies Society Board 2012

Cathy Moufarge Boisvert
President

Kelly O'Brien Hebert
Vice President

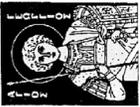
Kathy Dovas Jaskolka
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Angela Dion
Jenny Dakos
Marga Bessette
Cindy Gatzoulis Klinefelter
Diane Orr
Stephanie Orr



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February 2012



Sun	Mon	Tue	Wed	Thu	Fri	Sat
5. Orthros 9 a.m. Div. Lit. 10 a.m. Greek Dance 6-8 p.m. CC.	6 3rd/4th Coed BB 6-7:30 p.m. in CC.	7 Little Lambs Mtg. 12-2 p.m. in Annex. 5th/6th Boys BB 6-7:30 p.m. in CC. 7th/8th Boys BB 7:30-9 p.m. in CC.	8 BP Screening 9-11 a.m. in CC. Senior Exercise 10-11 a.m. in CC. Bible Study 11:30-12:30 p.m. in Annex. HS BB 7-9 p.m. in CC. DOP Mtg. 6:30 p.m. in Annex.	9 AHEPA Mtg. 7p.m. in Annex.	10 5/6th girls BB 6-7:30 p.m. in CC. HS BB 7:30-9 p.m. in CC.	11 BB Clinic 9-10:30 a.m. in CC. 5th/6th CYO games 10:30-5:00 p.m. in CC.
12 Orthros 9 a.m. Div. Lit. 10 a.m. Greek dance 6-8 pm in CC.	13 BOD Mtg. 7 p.m. in Annex. 3rd/4th Coed BB 6-7:30 p.m. in CC	14 Little Lambs Mtg. 12-2 p.m. in Annex. 5th/6th Boys BB 6-7:30 p.m. in CC. 7th/8th Boys BB 7:30-9 p.m. in CC.	15 Bible Study 11:30-12:30 p.m. in Annex. HS BB 7-9 p.m. in CC.	16	17 5/6th girls BB 6-7:30 p.m. in CC. HS BB 7:30-9 p.m. in CC.	18 1st Sat. of Souls Div. Lit. 10 a.m. BB Clinic 9-10:30 a.m. in CC. 5th/6th CYO games 10:30-5:00 p.m. in CC.
19 Meat Fare Sunday Orthros 9 a.m. Div. Lit. 10 a.m. Greek dance 6-8 p.m. in CC	20 3rd/4th Coed BB 6-7:30 p.m. in CC	21 Little Lambs Mtg. 12-2 p.m. in Annex. 5th/6th Boys BB 6-7:30 p.m. in CC. 7th/8th Boys BB 7:30-9 p.m. in CC.	22 Bible Study 11:30-12:30 p.m. in Annex. HS BB 7-9 p.m. in CC.	23	24 5/6th girls BB 6-7:30 p.m. in CC. HS BB 7:30-9 p.m. in CC.	25 2nd Sat. of Souls Div. Lit. 10 a.m. No BB Clinic. Apokreatiko Dance 7 p.m. -11 p.m. in CC.
26 Cheese Fare Sunday Orthros 9 a.m. Div. Lit. 10 a.m. 3-yr Memorial for Margaret Spanos. AHEPA Breakfast following service.	27 3rd/4th Coed BB 6-7:30 p.m. in CC.	28 Little Lambs Mtg. 12-2 p.m. in Annex. 5th/6th Boys BB 6-7:30 p.m. in CC. 7th/8th Boys BB 7:30-9 p.m. in CC.	29 Presanctified Lit. 9:30 a.m. Bible Study 11:30-12:30pm in Annex. HS BB 7-9 p.m. in CC.	<u>March 1</u>	<u>March 2</u> Hope/Joy Mtg. 6-8 p.m. in Annex. 5/6th girls BB 6-7:30 p.m. in CC. HS BB 7:30-9 p.m. in CC.	<u>March 3</u> 3rd Sat. of Souls Div. Lit. 10 a.m. BB Clinic 9-10:30 a.m. in CC 5th/6th CYO games 10:30-5:00 p.m. in CC.

Metropolis of Boston Family and

GOYA Winter Camps

GOYA WINTER CAMP

GOYA Winter Camp offers a long weekend of fun and fellowship at the St. Methodios Faith and Heritage Center in Contoocook, NH for campers ages 12-18. Highlights include outdoor winter activities, meeting new friends, a day spent at Pat's Peak for skiing, snowboarding, and tubing, and a dance

Dates: February 17-20, 2012

Location: Saint Methodios Faith & Heritage Center, Contoocook, NH

Suggested donation: \$175.00 per camper

Download our [GOYA Winter Camp Flyer](#)

Call (603) 746-4400 or email mbcamp@tds.net

for more information

SCHOLARSHIPS AVAILABLE

FAMILY WINTER CAMP

Family Winter Camp is a weekend-long opportunity for families and people of all ages to share in the camp experience together, strengthening their relationship with God and with each other. All ages are welcome. Campers under 18 years of age must be accompanied by an adult.

Highlights include fun and fellowship during sessions, campfires, outdoor sledding, and the Contoocook Fishing Derby.

Dates: February 24-26, 2012

Location: Saint Methodios Faith & Heritage Center, Contoocook, NH

Suggested donation: \$225.00 got up to 3 campers,

\$50.00 for each additional camper

Download our [Family Winter Camp Flyer](#)

Call (603) 746-4400 or email mbcamp@tds.net

for more information

SCHOLARSHIPS AVAILABLE

SCHEDULE OF SERVICES & SACRAMENTS FEBRUARY, 2012

February 1st	Wednesday, Bible Study in the Annex, 11:30am-12:30pm
2nd Thursday,	Presentation of Christ to the Temple, Divine Liturgy, 10am
5th Sunday,	Orthros, 9am; Sunday School & Divine Liturgy, 10am (NO FAST ALL WEEK)
8th Wednesday,	Bible Study in the Annex, 11:30am-12:30pm
12th Sunday,	Orthros, 9am; Sunday School & Divine Liturgy, 10am
15th Wednesday,	Bible Study in the Annex, 11:30am-12:30pm
18th Saturday,	OF SOULS (1st Psychosawaton), Divine Liturgy, 10am, Submit names to Father Andrew
19th Sunday,	Orthros, 9am; Sunday School & Divine Liturgy, 10am (MEAT FARE SUNDAY)
22nd Wednesday,	Bible Study in the Annex, 11:30am-12:30pm
25th Saturday,	OF SOULS (2nd Psychosawaton), Divine Liturgy, 10am, Submit names to Father Andrew
26th Sunday,	Orthros, 9am; Divine Liturgy, 10am (CHEESE FARE SUNDAY)
29th Wednesday,	Presanctified Liturgy, 9:30am; Bible Study, 11:30am-12:30pm

NAMES OF THE DEPARTED FOR SATURDAY OF SOULS SHOULD BE SUBMITTED BY THE 18TH of February. You do not need to re-submit names for each Saturday of Souls. I will read the names I have received on ALL THREE SATURDAY OF SOULS.