Dear Fellow Parishioners,

Are you all ready for spring? I can tell you I am. The storm that took place in February was one for the ages and I am sure you all experienced a hard time digging out from the 2 feet of snow that came our way. In spite of all the wintry weather our church life goes on and I want to thank Father Andrew as well as all our volunteers who continue to serve the church no matter what the conditions are outside. Well hopefully we will have an early spring and we will be able to put these cold snowy months behind us.

I continue to meet with the Constitution Committee and discuss our differences in order to resolve our dispute and move the community forward. We continue to meet and have discussions and I am hopeful we will find resolution so we can get on the same page and discuss the much larger issues facing our community.

Our community has two events in March the Apokreatiko Celebration and the Greek Independence Day Dinner which will be other opportunities to bring our community together. I hope each of us will make every effort to attend these events.

During the month of March we have the following taking place:

- Little Lambs Meeting - Fridays, March 1st, 8th, 15th, 22nd, and 29th from 11:00a.m – 2:00 p.m. at the Annex.
- Bible Study – Wednesdays, March 6th and 27th from 11:30 a.m. – 12:30 p.m. at the Annex.
- 1st Saturday for Souls Divine Liturgy- March 9th 10:00 a.m.
- DOP Breakfast – Sunday, March 10th after Divine Liturgy in Community Center.
- Board of Director Elections are March 10th from 10 a.m. - 4:00 p.m in CC

Again thank you for your commitment to our community and thank you for your patience as we continue to make progress on the community’s behalf.

Sincerely Yours,

Dick Anagnost
President
FATHER ANDREW’S MESSAGE
THE MEANING OF COMMUNITY

Some time ago, I included a story in the Monthly Newsletter about a dwindling group of elderly monks in a monastery outside a moderately sized city. The story centered around its shrinking numbers. The numbers of monks were so small, that within a few years there would have been none left and the monastery would have been defunct (gone out of business, so to speak).

The abbot of the monastery sought out advice from an aging hermit monk who lived alone in a remote area. “Unfortunately,” the abbot informed them, “he couldn’t help. The only thing he did say was that the Messiah was one of us. I don’t know what he meant.”

As they all contemplated what those words meant, the words began to sink in. As a result, each monk began to treat himself with more respect. Additionally, the monks began to treat each other with extraordinary respect on the off chance that one among them was the Messiah.

Naturally, their respect for each other grew and radiated far beyond the monastery walls. As more people frequented the monastery, people noticed the great respect each monk had for himself and the respect he displayed toward his brother monks. Younger men who visited the monastery began to develop an interest in being part of this very respectful, believing community.

Author and psychologist/sociologist Scott Peck in his book, The Different Drum: Community Making and Peace suggests that “if we are going to use the word ‘community’ meaningfully, we must restrict it to a group of individuals who have learned to communicate honestly and openly with each other, whose relationships go deeper than their masks of composure, and who have developed some significant commitment to rejoice together, mourn together, and to delight in each other…. ” (page 59). As we truly reflect on these remarks, can we say that this congregation of Saint George is a community in making or even peaceful?

Unfortunately, based on what I am hearing, we are not a community. And there are those who have withdrawn from this congregation’s membership and others who refuse to participate (while sometimes maintaining a paying membership), because we are NOT community. We seem to be focused on our own personal agendas rather than for the good of the community. We lack respect, one for the other.

We are beginning to see the results of this thinking and behavior. There are those who were active in worship and some of the other activities of Saint George who are no longer present in worship and who do not participate at all. There are also those who have asked to be taken off our mailing lists and informed us that they have decided to worship and participate elsewhere. They have told us that they aren’t happy with the lack of community and sincere concern and the lack of respect we display for each other here at Saint George.

It seems as though it will not be long before we end up like that monastery spoken about in the story. Our numbers are dwindling. But it is never too late. As Orthodox Christians we are called to imitate Christ throughout our lives. As Orthodox Christians we are called to go forth and “make disciples of all nations…”. As Orthodox Christians we are called upon to be good stewards of God’s ALL INCLUSIVE COMMUNITY, His Creation.

This is how the monks in that diminishing monastery were able to transcend their divisions and truly establish community: through respect for each other. Saint Dorotheos of Gaza proposed that there were straight lines drawn from the circumference of a circle that was centered in God. As these men grew in desire to draw nearer to God, they slowly moved close to each other. And likewise, with every step they took towards each other, they became closer to God. “Now” as Dorotheos explains, “consider in the same context the question of separation (in our terms a lack of community); for when they stand away from God and turn to external things, it is clean that the more they recede and become distant from God, the more they become distant from each other.” WOW! Could that be what is happening to our community? Do we see ourselves as members of a club to which we pay dues or as members of a faith community with God and each other as the focus of our attention; the work of our hearts, minds and souls?

What we need to do is to draw closer to our brothers and sisters and by transcending our divisions and thereby drawing nearer to God. For each of us is created in HIS image and likeness. If redirect the focus of our attention to God as our center, we will begin to advance towards the establishment of a real community and have peace.

This month is a month when we begin the Great and Holy Lent. Let us use this time to truly change and “...if there is consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any affection and mercy, fulfill my joy by being like-minded, having the same love, being of one accord, of one mind. Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself (herself). Let each of you look out not only for his (or her) own interests, but also for interest of others.” (Philippians 2:1-4)

Praying that each of you has a spiritual rewarding Great Lent and asking each of you for your prayers and efforts for this, our faith community, I remain

Sincerely in His and your service,

Father Andrew

+Father Andrew

ONE WORD: TRIUMPHING!

This year’s “Cadillac Banquet” theme event was taken up another notch with more new members joining the Cadillac (art) Committee. Everyone from the guests to the committee had an important role no matter how small or large. We believe a good fun time was had by all.

The Cadillac Banquet Committee: Dick Anagnost, Marga Bissette, Joyce Bourque, Steve Chakas, Frank & Alice Comerford, George Copadis, Cindy Gatzoulis, Tim Giotas, Teddy Karagiannis, Jim Lalapoulos, Dan Robitaille, Anthony V. Safos, Greg Timbas and Poppy Tsoutsas.

The art committee needs special mentioning.

This art group succeeded in out surpassing their own talents and learning new skills that they didn’t even know they possessed: Drawing and painting for the very first time on canvas with very “Fine Art” results. For a few more weeks their paintings will be on display in the community center for you to enjoy. Come to church services then view the art during coffee hour. You need to hurry up because; Poppy, Teddy, Cindy, Marga and Alice are looking forward to taking home their art work so they can enjoy and wonder: “How did I do that”? ? ? ? ? Most certainly with intervention and we thank God, because God made us really Good. Amazing!

Art Lovers: Join the Cadillac Art Committee on April 27th at the Currier Museum for a day of “SLOW ART” and be one of us!

Slow art day is a worldwide celebration of art that encourages people to look at art slowly - and thereby experience art in a new way. Look at five works of art in the Currier’s galleries and then have lunch with a staff member and other participants to discuss your experience.

Saturday, April 27, 11 am-2 pm; Lunch in Winter Garden Café 1-2 pm
Come dance the night away & celebrate apokries together

At the Jarvis Hall
St. Nicholas Greek Orthodox Church
Portsmouth, NH

On Saturday, March 2, 2013
From 6:00p.m. - 11:00p.m.

A special evening of Greek dinner & Greek dancing

Live Greek music by Ellas

Bring your friends and family!

Adults: $20 in advance / $25 at the door

(admission & dinner included)
Students (up to 18yrs) & Children: Free
Cash bar available
Don’t forget your costumes!
RSVP to Maria Tsougrinis at mxidia@aol.com

St. George Greek Orthodox Cathedral
650 Hanover Street
Manchester, New Hampshire

Invites you to
An Apokreatiko Celebration
Saturday, March 16, 2013
7pm – 11:00pm
In the church hall

D.J. Meleti
Greek and American Dancing

Variety of hors d’oeuvres
Cash bar
$10.00 per person
Children under 12 are free

Toula Barber at 668-6839
or the Cathedral office at (603)622-9113

St. George Greek Orthodox Cathedral
## SCHEDULE OF SERVICES & SACRAMENTS

### March

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>2nd Saturday</td>
<td>Baptism, 11am</td>
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<tr>
<td>3rd Sunday</td>
<td>Orthros, 9am; Sunday School &amp; Divine Liturgy, 10am</td>
</tr>
<tr>
<td>6th Wednesday</td>
<td>Bible Study in the Annex, 11:30am-12:30pm</td>
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<tr>
<td>9th Saturday</td>
<td>1st SATURDAY OF SOULS, 10am Divine Liturgy followed by memorial prayers</td>
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<tr>
<td>10th Sunday</td>
<td>MEAT FARE, Orthros, 9am; Divine Liturgy &amp; Sunday School, 10am 1 year Memorial for James Pleat</td>
</tr>
<tr>
<td>13th Wednesday</td>
<td>No Bible Study</td>
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<tr>
<td>16th Saturday</td>
<td>2nd Saturday of Souls, 10 am Divine Liturgy followed by memorial prayers</td>
</tr>
<tr>
<td>17th Sunday</td>
<td>CHEESE FARE Orthros, 9am; Sunday School &amp; Divine Liturgy, 10am</td>
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<tr>
<td>18th Monday</td>
<td>BEGINNING OF GREAT LENT</td>
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<tr>
<td>22nd Friday</td>
<td>1st Heretismoi-Salutations to Virgin Mary, 7pm</td>
</tr>
<tr>
<td>23rd Saturday</td>
<td>3rd Saturday of Souls, 10 am Div. Liturgy followed by memorial prayers</td>
</tr>
<tr>
<td>24th Sunday</td>
<td>OF ORTHODOXY, Orthros, 9am; Divine Liturgy &amp; Sunday School, 10am with the Procession of the Icons at conclusion of Divine Liturgy</td>
</tr>
<tr>
<td>25th Monday</td>
<td>ANNUNCIATION of the Virgin Mary &amp; Greek Independence Day, Orthros, 9am; Divine Liturgy, 10am</td>
</tr>
<tr>
<td>27th Wednesday</td>
<td>Bible Study in the Annex, 11:30am-12:30pm Presanctified Liturgy, 5:30pm</td>
</tr>
<tr>
<td>29th Friday</td>
<td>2nd Heretismoi-Salutations to Virgin Mary, 7pm</td>
</tr>
<tr>
<td>31st Sunday</td>
<td>Orthros, 9am; Sunday School &amp; Divine Liturgy, 10am</td>
</tr>
</tbody>
</table>

## COMMUNITY CONTRIBUTIONS

Donations were made in memory of:

The **St. George Greek Orthodox Cathedral Beautification Fund**, by:

- Gail Massahos $25.00
- Arthur Kokkinos $200.00
- Kaliope Millios $50.00
- John Tsirmokos $25.00

The **Greater Manchester Hellenic Scholarship Fund**, by:

- Kaliope Millios $25.00

## ANAGENNESIS NEWS

**EASTER: Saturday of Souls**: Please submit the names of your loved ones to be read at the Saturday Church services held:

March 9th / March 16th / March 23rd

Please see one of the Anagennesis Board members in attendance before the liturgy if you have Koliva.

**May our Lord remember all the departed in His Kingdom.**

**Flower Donations**: Those who wish to make a donation towards our Easter flowers may send a check to the church office made out to Anagennesis. If you are interested in donating a specific floral piece for the Lenten period through Easter please contact Kelly O’Brien Hebert to discuss your request as soon as possible at 533-1663. All monetary donations for the flowers are welcome and very much appreciated!

**Easter Eggs**: We will be accepting dyed Easter eggs from Holy Thursday through Holy Saturday. Please contact Diane or Stephanie Orr at (603) 518-7378

**Palm Sunday Fish Dinner**: Tickets need to be purchased ahead of time.

- **Date**: Sunday, April 28, 2013
- **Time**: 12:00 p.m.
- **Place**: St. George Community Center

**Menu**: Greek Salad, Broiled Haddock with Rice, and Dessert with Coffee.

**Child's Plate**: Greek Salad, Ziti with Marinara Sauce, and Dessert
COMMUNITY NEWS

Free Blood Pressure Screening
The Blood Pressure Screening will be the 2nd Wednesday in March. It will be March 13th from 9:30 a.m. – 11:00 a.m. in the Community Center.

GOYA NEWS
Goya would like to thank everyone who supported our Valentine’s Bake Sale. Your generosity is greatly appreciated!

We are looking forward to a Lock-In party in early March; a visit with Seniors in mid-March; and a Spaghetti Dinner in April!

Stay tuned to the Bulletin and Facebook for details!

Or join us at our next meeting which will be held on March 10th immediately after church.

BINGO VOLUNTEERS NEEDED
We are in need of volunteers. If anyone is interested in volunteering to help with Bingo one Saturday a month. Please give St. George Cathedral office a call at 622-9113.

OUTREACH PROGRAM
The Outreach Program is forming a group of individuals who are interested in visiting parishioners in nursing homes, those who are shut-ins, or in hospitals. If you are interested in participating, please call the church office at 622-9113 and leave your name and phone number.

URGENT NEED FOR FOOD
The demand for food assistance is at an all time high and food bank supplies are at a record low. Help is needed to fill their shelves and ensure that some of the poorest residents of our community receive food. The greatest needs are: peanut butter, jelly, tuna fish, canned vegetables, canned fruit, cereal, pasta, and sauce. Please drop your items off at the Community Center and we will deliver them to the soup kitchen. New Horizons and the recipients of the food are very grateful for your generous donations.

NOA SCHOLARSHIPS APPLICATION
You can pick up applications at St. George Cathedral office. Please remember that they are due back no later than May 1, 2013. Don’t forget you have to be a paid up member. Your dues of $25.00 per year, must be paid for 2012 and 2013. You can always mail your check to John Nacos, 1302 Island Pond Road, Manchester NH 03109 or send it to St. George Cathedral, 650 Hanover Street, Manchester NH 03104.

The Trustees of the Greater Manchester Hellenic Scholarship Fund remind scholarship applicants to give their schools ample time to issue transcripts. The application and transcript deadline is April 1, 2013.

BOARD OF DIRECTOR ELECTIONS
Will be Sunday, March 10th from 10:00 a.m. - 4:00 p.m. in the Community Center. Please make an effort to vote.

MEMBERSHIP DUES FOR 2013
The membership forms have been mailed out. Please send in your form along with the payment. If you are having any financial difficulty you can give Father Andrew a call at 622-9113.

CHANGE OF ADDRESS
If you have moved or are away for the winter months, please let the office know of any address change. The office hours are Monday – Friday, 8:00 a.m. – 4:00 p.m.

OLD GREEK 78 RPM RECORD DRIVE
Donate your old 78rpm Greek records to the Church and help us reduce our expenses. DJ Meleti will offer the Church a credit in return for old Greek 78rpm records. The records must be in good condition, without and chips or cracks. The credit we receive will help reduce our expenses for upcoming dances and for our festival. You may bring the records by the office anytime during the day.

ADULT GREEK CLASSES
Anyone interested in attending class. The classes will be every Monday from 6 – 8 p.m. in the Community Center Classroom. If you are interested in joining the class, please give George Kitsis a call at 669-9041
SUNDAY SCHOOL
Nikki Moutsioulis

Spring is coming and our thoughts are turning longer days, milder weather, and preparing our minds, our bodies, and our souls for Pascha. Sunday School lessons will be focusing on prayer, fasting, and doing good works. Have your children been missing from their classes? Now would be an excellent time to return!!

This will be a busy month for us. Let’s begin by remembering to turn the clocks ahead one hour on March 10. The Apokreatiko Glendi – a splendid family celebration – will be held on Saturday, March 16. I hope that all of you will attend. Great Lent will begin on Monday, March 18. Sunday, March 24 is the Sunday of Orthodoxy. The children will prepare an icon project and will participate in the procession during the service.

The Church offers us many opportunities to participate in special worship services during Lent—Wednesday Presanctified Liturgies and Friday night Heretismoi. Come with your children to pray as a family during these special times.

Back by popular demand:

SURRENDERING TO CHRIST TO MAKE LENT A LIFE-CHANGING EVENT

1. Surrender your hands to Christ. Make them hands of His love. Write a letter to a friend long ignored. Express your appreciation for your friendship; recommit yourself to this precious relationship.

2. Surrender your voice to Christ. Make it the voice of His love. Phone (NOT e-mail or text) two or three people you’ve intended to connect with but have not. Tell them what they mean to you or say “thank you” or “I’m sorry.”

3. Surrender your deeds to Christ. Make them the deeds of His love. Take something you have made to someone who means a great deal to you, but for whom you rarely express your love—perhaps a fresh loaf of bread with your affection as a wrapping.

4. Surrender your feet to Christ. Make them the feet of His love. Visit someone who is home-bound, at the hospital, lonely or hasn’t been to Liturgy in a while. Nothing can take the place of a personal visit. Don’t expect to be rewarded, but do it simply because it is the right thing to do.

5. Surrender your heart to Christ. Make it the heart of His love. Make a list of 10 people—friends and otherwise—for whom you will pray daily. Forgive them if they have wronged you. Ask for forgiveness if you have wronged them.

St. John Chrysostom, Archbishop of Constantinople, in his sermon which is read on Easter Sunday speaks of those who fasted from the first hour and those who fasted from the eleventh hour and calls all to enter into the joy of our Lord. Let us all put forth our best effort to prepare from the first hour and see how our lives will change for the better when we surrender to Christ.

| Dean of St. George Cathedral: Very Rev. Fr. Andrew H. Mahalares | Cathy Moufarge Boivert President |
| Dick Anagnost President | Kelly O’Brien Hebert Vice President |
| Timothy Giotas 2nd Vice President | Kathy Dovas Jaskolka Secretary |
| Frank Comerford 2nd Vice President | Carol Dionis Treasurer |
| John Mokas Treasurer | Dorothy Chakas Membership |
| Nicoletta Moutsioulis Secretary | Diane Spiro LaRoche Sunshine |
| Philip Blatsos Asst. Treasurer | Marga Bessette |
| George N. Copadis | Angela Dion |
| George Kitsis | Jenny Dakos |
| Tamam Smith | Tana Gustafson |
| John Stavropoulos | Cindy Gatzoulis Klinefelter |
| Gregory Timbas | Enid Lawrence |
| | Diane Orr |
| | Stephanie Orr |
| | Tracy Terrio |
Return Service Requested

Senior Exercise Group
Come Join The Fun!

The Winter Program is in full swing!!
Our group meets every Wednesday from 10-11 a.m. in the St. George Community Center. Please join us for a class that follows a video and is done while sitting in chairs. It is a great time to get out and enjoy this uplifting class. If you have any questions feel free to call the Cathedral office at 622-9113.

PARISH NURSE PROGRAM
FREE HEARING SCREENING

Free Hearing Screening
By: Norman Fournier, BC-HIS
St George Cathedral
650 Hanover St, Manchester NH

Date: Wednesday April 10, 2013
Time: 9:30-11:00AM
Register: 603-663-8004
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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</table>
| 3. Orthros 9 a.m. Div. Lit. & Sun. Sch. 10 a.m.  
Greek Dancing 6–8 p.m. in CC. | 4. 3rd/4th Coed BB 6-7:30 p.m. in CC.  
HS BB 7:30–9 p.m. in CC.  
Adult Greek Classes 6–8 p.m. in CC. | 5. 5th/6th gr. Boys BB 6–7 p.m. in CC.  
7th/8th gr. Boys BB 7–9 p.m. in CC. | 6. Sr. Exercise 10 a.m.–11 a.m. in CC.  
Bible Study 11:30 a.m.–12:30 p.m. in Annex.  
HS BB 7:30–9 p.m. in CC.  
Cub Scout Mtg. 7 p.m. in Annex. | 7. 5th/6th gr. Boys BB 6-7 p.m.  
7th/8th gr. Boys BB 7–8 p.m.  
HS BB 8–9:30 p.m. in CC. | 8. Little Lambs 11 a.m.–2 p.m. in Annex.  
St. Pius Girls BB 6-7:30 p.m. in CC.  
GOYA sleepover 5–6 p.m. at Annex. | 9. Little Lambs 11 a.m.  
Basketball Clinic 9–10:30 a.m. in CC.  
CYO BB games 10:30 a.m.–4 p.m. in CC.  |
| 10. MEATFARE Sunday  
Orthros 9 a.m. Div. Lit. & Sun.  
10 a.m. 1-yr. Memorial for  
James Pleat.  
DOP Breakfast after services in CC.  
Cub Scout’s Blue & Gold 4–9 p.m. in CC.  
Board of Director Elections from 10 a.m. - 4:00p.m in CC. | 11. Board of Director  
Mtg. 7 p.m. in Annex.  
Adult Greek Class 6–8 p.m. in CC.  
3rd/4th Coed BB 6–7:30 p.m. in CC.  
HS BB 7:30–9 p.m. in CC. | 12. 5th/6th gr. Boys BB 6–7 p.m. in CC.  
7th/8th gr. Boys BB 7–9 p.m. in CC. | 13. BP Screening 9:30 a.m.–11 a.m. in CC.  
Senior Exercise 10 a.m.–11 a.m. in CC.  
NO Bible Study HS BB 7:30–9 p.m. in CC.  
Cub Scout Mtg. 7 p.m. in Annex.  
DOP Mtg. 6:30 p.m. in Annex. | 14. 5th/6th gr. Boys BB 6-7 p.m.  
7th/8th gr. Boys BB 7–8 p.m.  
HS BB 8–9:30 p.m. in CC.  
AHPEA Meeting 7 p.m. at Annex. | 15. Little Lambs 11 a.m.–2 p.m. in Annex.  
St. Pius Girls BB 6–7:30 p.m. in CC.  |
| 17. CHEESEFARE Sunday  
Orthros 9 a.m. Div. Lit. & Sun. Sch. 10 a.m.  
Cub Scout Pinewood Derby 2–5 p.m. in CC. | 18. Beginning of Great Lent  
Adult Greek Classes 6–8 p.m. in CC.  
3rd/4th Coed BB 6–7:30 p.m. in CC.  
HS BB 7:30–9 p.m. in CC. | 19. 5th/6th gr. Boys BB 6–7 p.m. in CC.  
7th/8th gr. Boys BB 7–9 p.m. in CC. | 20. Senior Exercise 10 a.m.–11 a.m. NO  
Bible Study. HS BB 7:30–9 p.m. in CC.  
Cub Scout Mtg. 7 p.m. in Annex. | 21. 5th/6th gr. Boys BB 6-7 p.m.  
7th/8th gr. Boys BB 7–8 p.m.  
HS BB 8–9:30 p.m. in CC.  
Helping Hand Stitchers 7 p.m. at Annex. | 22. Little Lambs 11 a.m.–2 p.m. in Annex.  
St. Pius Girls BB 6–7:30 p.m. in CC.  |
| 24. Sun. of Orthodoxy  
ORTHROS 9 a.m. Div. Lit. & Sun. Sch. 10 a.m.  
Procession of Icons after Div. Lit. | 25. Annunciation of Virgin Mary  
Orthros 9 a.m. Div. Lit. 10 a.m. Adult Greek  
Classes 6–8 p.m. in CC.  
3rd/4th Coed BB 6–7:30 p.m. in CC.  
HS BB 7:30–9 p.m. in CC. | 26. 5th/6th gr. Boys BB 6–7 p.m. in CC.  
7th/8th gr. Boys BB 7–9 p.m. in CC. | 27. Senior Exercise 10 a.m.–11 a.m. Bible Study  
11:30 a.m.–12:30 p.m. in Annex.  
HS BB 7:30–9 p.m. in CC.  
Cub Scout Mtg. 7 p.m. in Annex. | 28. 5th/6th gr. Boys BB 6–7 p.m.  
7th/8th gr. Boys BB 7–8 p.m.  
HS BB 8–9:30 p.m. in CC | 29. Little Lambs mtg. 11 a.m.–2 p.m. in Annex.  
2nd Salutation to Virgin Mary 7 p.m. | 30. |