FATHER ANDREW’S MESSAGE

THE SUNDAY OF THE VENERATION
OF THE HOLY CROSS
(Third Sunday in Great Lent)

Because there are differences between the remembrances on the Sundays of Great Lent and the readings for the day, we can identify layers to our Lenten journey. For example, on the first Sunday of Great Lent we celebrated the Sunday of Orthodoxy and the Triumph of icons in our church, but the Gospel reading for the Sunday was about becoming a follower of Christ. Since the Sunday of Orthodoxy only came to be celebrated after the events of 843 AD, we can assume that the Gospel reading for the first Sunday of Lent represents an older Tradition. This holds true for most of the weeks of Great Lent.

Except for Sunday, March 23rd, the Third Sunday of Great Lent, when we will hear Christ talk about “picking up our Cross,” and we will process through our churches with a cross resting on a bed of flowers and sing, “We venerate your Cross and glorify your Resurrection.”

Praising the Cross of Christ might seem strange, since the cross was an instrument of excruciating torture and execution. Any of us who sat through Mel Gibson’s “Passion of the Christ” had to have been sickened by the images of the crucifixion. While Gibson may have overdone the gruesomeness of crucifixion, its horrific nature was driven home to those of us in the theaters. It is not something we want to see. In fact, for the first four centuries of Christianity, images of the cross did not feature very prominently in church decoration. At a time when crucifixion was still being practiced as a means of execution (and thus all too real to Christians of the time), the Church preferred images of paradise. It was not until after Emperor Theodosios stopped the practice did images of the cross begin to be made.

For Christians, the Cross has now become an important symbol of hope and victory. In an image from the Synaxarion for the Third Sunday of Lent, placing the cross before us in this part of our Lenten journey is like sending the symbol of triumph in advance of the event, to raise our spirits and remind us that the goal of lent – celebrating the triumph of Christ over death – is almost upon us. The Synaxarion uses the following image. Before the arrival of the king, his royal standards, trophies, and emblems of victory come in procession and then the king himself appears in a triumphant parade, jubilant and rejoicing in his victory and filling those under him with joy, so does the Feast of the Cross precede the coming of our King, Jesus Christ. It warns us that He is about to proclaim His victory over death and appear to us in the glory of the Resurrection. His Life-Giving Cross is His royal scepter, and by venerating it we are filled with joy, rendering Him glory. In this way we become ready to welcome our King, who has triumphed over the powers of darkness.

PRESIDENT’S MESSAGE

Dear Parishioners,

I think it is safe to say that most of us have had enough of this cold and snowy winter. Just when we cleared away the snow and thought we were free another storm was in the wings ready to “gift” us with more! We are ready to turn our thoughts to spring!

Spring brings with it preparations for Pascha. Great Lent will afford us many opportunities to worship together in addition to Sunday Divine Liturgies there will be Presanctified Liturgies on Wednesdays and Heretismoi on Friday evenings. I hope that you will be able to join us.

Great Lent is a time for reflection and prayer in addition to fasting. We are frequently reminded that our concern should not be just for what goes into our mouths as we fast but perhaps even more importantly what comes out of them. During this special time of the year we can focus on how we can help our fellow man. We can form some good habits—calling or visiting the shut-ins, reaching out to friends and family who we haven’t seen in a while, and most importantly making prayer a daily part of our lives.
This past month has found the Board of Directors busy with meetings. We had an opportunity to meet with the Trustees of the Endowment Fund and discuss the finances and budget of our church. Many thanks to all who took the time to attend this very important meeting and provide their input. We have worked hard to decrease our expenses and now we must all work together to increase our income. If needed, we will be requesting funds from the Endowment Fund to cover our expenses.

We also had a meeting to discuss Capital Improvements and Maintenance of our facility. Many ideas were brought forth including insulating the dome, making our windows more energy efficient and work to our heating system.

Thank you to everyone who has returned their Stewardship Pledge Cards!! We are off to a great start!! If you have not returned your cards yet please do so as soon as possible. Remember, you can make payments monthly, quarterly or annually and you can have them charged to your debit/credit cards if you prefer. Don’t forget to complete the section concerning your time and talents as we will use these to form our working groups.

Mark your calendars!! Glendi will be September 12, 13 & 14!! We have already begun preparations. Licenses are being procured, sponsors have been invited to participate, and cooking has been discussed.

Wishing all of you a Blessed Lent.
Sincerely,
Nikki Moutsioulis
President, Board of Directors

**ANAGENNESIS NEWS**

**EASTER:**

**Saturday of Souls:**
Please submit the names of your loved ones to be read at the Saturday Church services held:

**March 1st & March 8th**

Please see one of the Anagennesis Board members in attendance before the liturgy if you have Koliva.

**May our Lord remember all the departed in His Kingdom.**

**Easter Eggs:**
We will be accepting dyed Easter eggs from Holy Thursday through Holy Saturday.
Please contact Diane Orr at (603) 669-7812

**Palm Sunday Fish Dinner:**
Tickets need to be purchased ahead of time.
*Date: Sunday, April 13, 2014*
*Time: 12:00 p.m.***
*Place: St. George Community Center*
*Menu: Greek Salad, Broiled Haddock with Rice, and Dessert with Coffee.*
*Child’s Plate: Greek Salad, Ziti with Marinara Sauce, and Dessert*

**APOPREATIKO CELEBRATION**
The celebration will be Saturday, March 1st from 7:00pm – 11:00pm in the Community Center. Tickets are available in the Cathedral office. Tickets are $10.00 per person, children under 12 are free.

**ADULT GREEK SCHOOL**
is from 6:00 p.m. – 8:00 p.m. in a classroom in the Community Center. Anyone interested in attending please give George Kitsis a call at 669-9041.

**GOYA NEWS**

**BY NICK SPANOS**

GOYA has a few things planned for the upcoming month; at the last meeting, slips for volunteering at a local soup kitchen were passed out, but a time was not decided yet.

On April 4th to April 5th, GOYA will be spending two days at the retreat at MBC.

March 9th will be the next GOYA meeting and will take place after church during coffee hour.
SCHEDULE OF SERVICES & SACRAMENTS - MARCH

1st
2nd Saturday of Souls, 10am
Divine Liturgy followed by
Memorial prayers. 12:30pm BAPTISM

2nd Sun
Orthros, 9am; Divine Liturgy
& Sunday School, 10am

3rd Mon
Clean Monday (KatharaTheftera),
Beginning of Great Lent

5th Wed
Bible Study in Annex, 11:30am-12:30pm
Presanctified Liturgy at 5:30pm followed
by Pot Luck Lenten Supper

7th Fri
1st Heretismoi (Salutations to the
Virgin Mary), 7pm

8th Sat
3rd Saturday of Souls, 10am Divine Liturgy
followed by Memorial prayers.

9th Sun
SUNDAY OF ORTHODOXY (Icon Sunday),
1st Sunday of Great Lent, Orthros, 9am;
Divine Liturgy & Sunday School, 10am;
Procession of Icons
at conclusion of the Divine Liturgy.

12th Wed
Presanctified Liturgy, 10am
(NO BIBLE STUDY)

14th Fri
2nd Heretismoi, 7pm

16th Sun
Orthros, 9am; Divine Liturgy
& Sunday School, 10am

19th Wed
Bible Study in Annex, 11:30am-12:30pm
Presanctified Liturgy at 5:30pm with
Pot Luck Lenten Supper & Speaker

21st Fri
3rd Heretismoi, 7pm

23rd Sun
VENERATION OF THE HOLY CROSS,
Orthros, 9am; Divine Liturgy &
Sunday School, 10am; Procession and
Veneration of the Cross at the
conclusion of the Divine Liturgy.

24th Mon
ANNUNCIATION VESPERS, 7pm

25th Tues
ANNUNCIATION OF THE THEOTOKOS
Orthros, 9am; Divine Liturgy, 10am

26th Wed
Bible Study in Annex, 11:30am-12:30pm

28th Fri
4th Heretismoi, 7pm

30th Sun
Orthros, 9am; Divine Liturgy &
Sunday School, 10am
GREEK INDEPENDENCE DAY BRUNCH &
PROGRAM in the Community
Center following services.
(No Coffee Hour)

SUNDAY SCHOOL

Dear St. George Community,

It is hard to imagine, since there are massive amounts of snow
outside, but pretty soon the Sunday School students will be
learning about and preparing for Easter. In addition to their
regular lessons, the students will be participating in special
services in church during Lent and Holy Week.

During Lent we are told we have to give up something...candy,
soda, fried food, etc. Instead of giving up something, maybe
we can teach our children that Lent is a time to make improve-
ments. Instead of giving up something to eat, we can eat
healthier and make healthy food choices and exercise more.
We can spend less time with our electronics and more time
outside. We can teach our children about philanthropy and
giving back to our community.

It is fitting that the Sunday School students are kicking off
their spring philanthropy project this month. We are collect-
ing new and gently used books for babies, children and
young adults. The books will be donated to the Easter Seals
Development Center in Manchester and to Penelope's Place
in Brockton, MA. The book drive is open to the entire St.
George community. The books can be dropped off in Sunday
School or in the drop off box in the lobby of the community
center. With the community's help we can make this book
drive a huge success!

Sincerely,
Athena Moutsioali Bevan

SAD NEWS --- GEORGE DEMOS

We are saddened to inform you that George Demos, who has
served as an altar boy since he was a boy and as the able assis-
tant, in the Altar, and altar boy coordinator to many, many
priests for close to forty years, passed away suddenly on Sunday,
February 23rd as he prepared for church.

He served Saint George Cathedral for close to fifty years as a vol-
unteer in many areas of parish ministry but especially assisting
the priests with services and coordination of altar boys through-
out these many years. He will be sorely missed.

MAY HIS MEMORY BE ETERNAL!
URGENT NEED FOR FOOD
The demand for food assistance is at an all time high and food bank supplies are at a record low. Help is needed to fill their shelves and ensure that some of the poorest residents of our community receive food. The greatest needs are: peanut butter, jelly, tuna fish, canned vegetables, canned fruit, cereal, pasta, and sauce. Please drop your items off at the Community Center and we will deliver them to the soup kitchen. New Horizons and the recipients of the food are very grateful for your generous donations.

COMMUNITY NEWS
Free Blood Pressure Screening
The Blood Pressure Screening will be the second Wednesday of the month. It will be March 12th from 9:30 a.m. – 11:00 a.m. in the Community Center.

Funerals
Loretta Cramer, George Tagalakis
George Demos, Elpinike Bobotas
May their memories be eternal.

4TH ANNUAL GREEK INDEPENDENCE DAY CELEBRATION
Will be Sunday, March 30th, 2014. The reception will start at 11:30 a.m. followed by the Brunch/Program which will start at 12:15 p.m. at St. George Greek Orthodox Cathedral Community Center. Tickets are $20.00 per adult and $10.00 per child. You can get your tickets from Toula Barber, George Kitsis or the Cathedral office. Proceeds benefit The Greek Independence Day Scholarship Fund.

DONATIONS ARE NEEDED
Penelope’s Place is a residential program for individuals and families fleeing from life-threatening situations as a result of domestic violence. In 2009, it formed a new partnership between its parent organization, Health Imperatives, in Brockton, MA and the Daughters of Penelope Bay State District #8. Trained professionals help residents of Penelope’s Place to balance their healing from trauma with their need to acquire critical life skills to prepare for transition into more independent living. Our local chapter of the Daughters of Penelope has a box in the lobby of the Community Center. It is labeled with a Wish List for residents of Penelope’s Place. Your generosity is greatly appreciated.
Nicole Wu, President 603-965-4136

NOA SCHOLARSHIP APPLICATIONS
You can pick up applications at St. George Cathedral office. Please remember that they are due back no later than May 1, 2014. Don’t forget you have to be a paid up member. Your dues of $25.00 per year, must be paid for 2013 and 2014. You can always mail your check to John Nacos, 1302 Island Pond Road, Manchester NH 03109 or send it to St. George Cathedral, 650 Hanover Street, Manchester NH 03104.

ANNA THEODOSOPOULOS SCHOLARSHIP
Anna Theodosopoulos Scholarship Applications for high school graduates are available in the Cathedral Office.

20TH ANNUAL GREEK INDEPENDENCE PARADE
Sponsored by the Federation of Hellenic American Societies of New England. The parade will be Sunday, April 6th on Boylston St. in Boston, MA at 1:00 p.m. Please come and participate. The bus leaves from the Assumption Church at 11:15 p.m. Adults are $10.00 and children are free. For more information see George Kitsis.

GREATER MANCHESTER HELLENIC SCHOLARSHIP FUND
The Trustees of the Greater Manchester Hellenic Scholarship Fund invite qualified high school seniors, college freshmen, and college sophomores to apply for 2014 scholarships. Applications are available at the Church office. Completed applications with official transcripts must be returned to the office no later than April 1, 2014.

SENIOR EXERCISE GROUP
There will be Senior Exercise on every Wednesday of each month from 10:00 a.m. – 11:00 a.m. in the Community Center. Come enjoy a fun time of exercising.

DONATIONS FOR WINE
Anyone interested in donating toward the cost of wine should make a check out to St. George Cathedral or call the Cathedral office to charge by credit card. We accept Mastercard, Visa, and Discover for donations.

URGENT NEED FOR FOOD
Stewardship 2014

Thank you to all the Parishioners that have sent in their pledge cards. Here are the names of parishioners that have pledged for stewardship.

(*) Have fulfilled their Stewardship

*Panagiota Arfanakis
  Milton & Sally Argeriou
*William & Cheryl Athanas
*Marga Bessette
*Peter & Kate Boisvert
*Fanny Canotas
*Ronald & Marion Coble
  Pamela Colantuono
*Frank & Alice Comerford
*Soterios Dakos
*John & Julia Damalas
*Sturgis Damalas
*John & Vassoula Demos
*George & Linda Dimakis
*Thomas and Carol Dionis
*Nicholas & Artemis Donis
*Effie Dovas
  James & Stephanie Ferro
*Mr. & Mrs. Stephen Gikas
  ifigenia Giotas
*Nicholas & Sesun Hartofelis
*Betty Kacavas
*Nola Kalantzis
*Mr. & Mrs. Demetrios Kanellos
  George & Elizabeth Kitsis

*Andrea Kokolis
*Ernest Kotekas
*Philip Liakos
*Effie Mandelos
*Harry Mehos
*Socrates & Evdoxia Merisotis
*Bess Mousseau
*Elias Moutsoulis
*Konstantine & Nicoletta Moutsoulis
*Soultona Mokas
  Louis and Georgia Nacos
*Elaine Oleniak
  Paul Pappas
  Andrew & Michelle Papanicolau
*Frank & Athanasia Papanicolau
*George Petrikas
  Ted & Elaine Setas
  George Skaperdas
*John & Elizabeth Stavropoulos
*Leonard & Georgia Sousa
  Tracy Terrio
  Greg Timbas
  Thomas & Virgina Tsiromokos
*Alexandra Tsoutsas
*Despina (Poppy) Tsoutsas
*George Tsoutsas
*Loula Tziros
  Penny Vasilopoulos
*Kimon Zachos
Stewardship Goal

$180,000
$160,000
$140,000
$120,000
$100,000
$80,000
$60,000
$40,000
$20,000
$10,000
MEMORIAL DONATIONS

St. George Greek Orthodox Cathedral
Beautification Fund in memory of:
Paraskevi Mestanas $50.00
Julius Mikolaities $1000.00

The Gregory Pappas Memorial Scholarship Fund
in memory of:
Larry Timbas $100.00
Vasili “Bessie” Timbas $165.00

St. George Greek Orthodox Senior Choir Fund
in memory of:
Cleopatra “Pat” Arnoutis $100.00

The Greater Manchester Hellenic Scholarship Fund
in memory of:
Constance Williams $25.00

Mr. Arthur Pavlidis generously donated $250.00
to the St. George Greek Orthodox Cathedral Beautification Fund in loving memory of parents,
Vissaltos and Julia Pavlidis

John and Marie Dovas generously donated $50.00
to the St. George Greek Orthodox Cathedral
Senior Choir Fund
in loving memory of Julius Mikolaities.

---

St. George Board of Directors

| Dean of St. George Cathedral: Very Rev. Andrew H. Mahalares |
| Nicoletta Moutsoulis, President |
| Frank Comerford, 1st Vice President |
| Greg Timbas, 2nd Vice President |
| Philip Blatsos, Treasurer |
| Timothy Giotas, Secretary |
| George N. Copadis |
| George Kitsis |
| Philip Liakos |
| John G. Mokas |
| Andrew Papanicolau |
| Theodoros Setas |
| George Skaperdas |
| Chuck Smith |
| John Stavropoulos |
| Thomas Tsirimokos |

Anagenessis Ladies Society Board 2014

| Cathy Mouflage, President |
| Kelly O’Brien Hebert, Vice President |
| Kathy Dovas Jaskolka, Secretary |
| Carol Dionis, Treasurer |
| Dorothy Chakas, Membership |
| Diane Spiro LaRoche, Sunshine |
| Marga Bessette |
| Angela Dion |
| Jenny Dakos |
| Tana Gustafson |
| Cindy Gatzoulis Klinefelter |
| Diane Orr |
| Tracy Terrio |
St. George Sunday School
Book Drive
March 1 – May 31
We will be collecting new and gently used/loved books for babies, children and young adults.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1. 2nd Saturday of Souls Div. Lit. 10 a.m. 12:30 Pm Baptism Apokreatiko Celebration 7 p.m. in CC.</td>
</tr>
<tr>
<td>2.  Orthros 9 a.m. Div. Lit. 10 a.m. Sun. Sch. 10 a.m. Stewardship &amp; Financial Township Mtg. after Coffee hr. in CC.</td>
<td>3. Clean Monday (Kathara Theftera) Beginning of Lent. Adult Greek Sch. 6-8 p.m. CC. HS Basketball 7:30-9 p.m. in CC.</td>
<td>4. 7th-8th grade Basketball 6:30-8 p.m. in CC.</td>
<td>5. Sr. Exercise 10-11 a.m. in CC. Bible Study 11:30 a.m.—12:30 p.m. at Annex. Presanctified Lit. 5:30 p.m. followed by Pot Luck Lunen Supper. Cub Scout Den Mtg. 6 p.m. in CC.</td>
<td>6. HS Basketball 7:30—9 p.m. in CC.</td>
<td>7. Little Lambs 11 a.m.—1 p.m. at Annex. Cub Scout Committee Mtg. 6:30 p.m. at Annex. Cub Scout Blue &amp; Gold Banquet 6-8 p.m. in CC. 1st Heretismoi 7 p.m.</td>
<td>8. 3rd Saturday of Souls Div. Lit. 10 a.m. BB Clinic 9-10:30 a.m. in CC. CYO Games 11 a.m. in CC</td>
</tr>
<tr>
<td>9. Sunday of Orthodoxy 1st Sunday of Great Lent Orthros 9 a.m. Div. Lit. 10 a.m. Procession of Icons at conclusion of Div. Lit. Sun. Sch 10 a.m. Manchester Eagles event 1:30 p.m.—6 p.m. in CC.</td>
<td>10. BOD Mtg. 7 p.m. at Annex. Adult Greek Sch. 6-8 p.m. in CC. HS Basketball 7:30-9 p.m.</td>
<td>11. 7th-8th grade Basketball 6:30—8 p.m. in CC.</td>
<td>12. Presanctified Lit. 10 a.m. BP Screening 9:30-11 a.m. in CC. Sr. Exercise 10-11 a.m. in CC. No Bible Study. Cub Scout Den Mtg. in CC. DOP Mtg. 6:30 p.m. at Annex.</td>
<td>13. AHEPA Mtg. 7 p.m. at Annex. HS Basketball 7:30—9 p.m. in CC.</td>
<td>14. 2nd Heretismoi 7 p.m. Little Lambs 11 a.m.—1 p.m. at Annex.</td>
<td>15. St. Patrick’s Day Manchester Arc. Dance in CC.</td>
</tr>
<tr>
<td>16. Orthros 9 a.m. Div. Lit. 10 a.m. Sun. Sch. 10 a.m.</td>
<td>17. HS Basketball 7:30—9 p.m. in CC. Cub Scout Leader Mtg. 6:30 p.m. at Annex.</td>
<td>18. 7th-8th grade Basketball 6:30—8 p.m. in CC.</td>
<td>19. Sr. Exercise 10—11 a.m. in CC. Bible Study 11:30 a.m.—12:30 p.m. at Annex. Cub Scout Pack Mtg. 6 p.m. in CC.</td>
<td>20. Helping Hands Stitchers 7 p.m. At Annex. HS Basketball 7:30—9 p.m. in CC.</td>
<td>21. 3rd Heretismoi 7 p.m. Little Lambs 11 a.m.—1 p.m. at Annex. Hope/JoY Mtg. 6-8 p.m. at Annex.</td>
<td>22.</td>
</tr>
<tr>
<td>23. Sunday of Holy Cross Orthros 9 a.m. Div. Lit. 10 a.m. Sun. Sch. 10 a.m. Cub Scout Pinewood Derby 1-4 p.m. in CC.</td>
<td>24. Annunciation Vespers 7 p.m. Adult Greek School 6-8 p.m. HS Basketball 7:30—9 p.m. in CC</td>
<td>25. Annunciation of the Theotokos Orthros 9 a.m. Div. Lit 10 a.m. 7th-8th grade Basketball 6:30—8 p.m.</td>
<td>26. Sr. Exercise 10—11 a.m. in CC. Bible Study 11:30 a.m.—12:30 p.m. at Annex. Cub Scout open Mtg. 6 p.m. in CC.</td>
<td>27. HS Basketball 7:30—9 p.m. in CC.</td>
<td>28. 4th Heretismoi 7 p.m. Little Lambs Mtg. 11 a.m.—1 p.m. at Annex.</td>
<td>29.</td>
</tr>
<tr>
<td>30. Orthros 9 a.m. Div. Lit. 10 a.m. Sun. Sch. 10 a.m. Greek Def. Day Brunch/Program after services.</td>
<td>31. Adult Greek School 6-8 p.m. HS Basketball 7:30—9 p.m. in CC</td>
<td>22.</td>
<td>23.</td>
<td>24.</td>
<td>25.</td>
<td>26.</td>
</tr>
</tbody>
</table>