



St. George Greek Orthodox Cathedral

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M A R C H 2 0 1 6

SUNDAY OF FORGIVENESS – MARCH 13, 2016

The Sunday of Forgiveness is the last Sunday prior to the commencement of Great Lent. During the pre-Lenten period, the services of the Church include hymns from the Triodion, a liturgical book that contains the services from the Sunday of the Publican and the Pharisee, the tenth before Pascha (Easter), through Great and Holy Saturday. On the Sunday of Forgiveness focus is placed on the exile of Adam and Eve from the Garden of Eden, and event that shows us how far we have fallen in sin and separated ourselves from God. At the onset of Great Lent and a period of intense fasting, this Sunday reminds us of our need for God's forgiveness and guides our hearts, minds, and spiritual efforts on returning to Him in repentance.

The Sunday of Forgiveness, the last of the preparatory Sundays before Great Lent, has two themes: it commemorates Adam's expulsion from Paradise, and it accentuates our need for forgiveness. There are obvious reasons why these two things should be brought to our attention as we stand on the threshold of Great Lent. One of the primary images in the Triodion is that of the return to Paradise. Lent is a time when we weep with Adam and Eve before the closed gate of Eden, repenting with them for the sins that have deprived us of our free communion with God. But Lent is also a time when we are preparing to celebrate the saving event of Christ's death and rising, which has reopened Paradise to us once more (Luke 23:43). So sorrow for our exile in sin is tempered by hope of our re-entry into Paradise.

The second theme, that of forgiveness, is emphasized in the Gospel reading for this Sunday (Matthew 6:14-21) and in the special ceremony of mutual forgiveness at the end of the Vespers on Sunday evening. Before we enter the Lenten fast, we are reminded that there can be no true fast, no genuine repentance, no reconciliation with God, unless we are at the same time reconciled with one another. A fast without mutual love is the fast of demons. We do not travel the road of Lent as isolated individuals but as members of a family. Our asceticism and fasting should not separate us from others, but should link us to them with ever-stronger bonds.

The Sunday of Forgiveness also directs us to see that Great Lent is a journey of liberation from our enslavement to sin. The Gospel lesson sets the conditions for this liberation. The first one is fasting—the refusal to accept the desires and urges of our fallen nature as normal, the effort to free ourselves from the dictatorship of the flesh and matter over the spirit. To be effective, however, our fast must not be hypocritical, a “showing off.” We must “appear not unto men to fast but to our Father who is in secret” (vv. 16-18).

The second condition is forgiveness—“If you forgive men their trespasses, your Heavenly Father will also forgive you” (vv. 14-15). The triumph of sin, the main sign of its rule over the world, is division, opposition, separation, hatred. Therefore, the first break through this fortress of sin is forgiveness—the return to unity, solidarity, love. To forgive is to put between me and my “enemy” the radiant forgiveness of God Himself. To forgive is to reject the hopeless “dead-ends” of human relations and to refer them to Christ. Forgiveness is truly a “breakthrough” of the Kingdom into this sinful and fallen world.

The Sunday of Forgiveness is commemorated with the Divine Liturgy of Saint John Chrysostom, which is preceded by the Matins service. The hymns of the Triodion for this day are added to the usual prayers and hymns of the weekly commemoration of the Resurrection of Christ. The naming of the Sunday is taken from the commemoration of the Exile of Adam and Eve from Paradise and from the Gospel reading of the Divine Liturgy.

The Sunday of Forgiveness is also known as Cheese Fare Sunday. This is the last day that dairy products can be eaten before the Lenten fast. The full fast begins the following day on Clean Monday, the first day of Great Lent. On the evening of the Sunday of Forgiveness the Church conducts the first service of Great Lent, the Vespers of Forgiveness, a service that directs us further on the path of repentance and helps us to acknowledge our need for forgiveness from God and to seek forgiveness from our brothers and sisters in Christ. This is the first time that the Lenten prayer of St. Ephraim accompanied by prostrations is read. At the end of the service all the faithful approach the priest and one another asking for mutual forgiveness.

Orthodox Christians are encouraged to enter Great Lent in repentance and confession by attending these services, coming for the Sacrament of Confession, and dedicating themselves to worship, prayer, and fasting throughout the Lenten period. The first day of Lent, Clean Monday, signifies the beginning of a period of cleansing and purification of sins through repentance.

On the Saturday before this Sunday, the second of three Saturdays of the Souls are held. This is a special commemoration when the Church offers a Divine Liturgy and Memorial Service for the departed faithful. This is considered a universal commemoration of the dead. Through the memorial services, the Church is commending to God all who have departed and who are now awaiting the Last Judgment. This specific Saturday is a general commemoration of all the ascetic Saints of the Church, both men and women. As we set out on the Lenten fast we are reminded that we will make this journey as members of a family, supported by the intercessions of the Saints.

The Gospel Lesson this day reads as follows: “For if you forgive men their trespasses, your heavenly Father will also forgive you. But if you do not forgive men their trespasses, neither will your Father forgive your trespasses. Moreover, when you fast, do not be like the hypocrites, with a sad countenance. For they disfigure their faces that they may appear to men to be fasting. Assuredly, I say to you, they have their reward. But you, when you fast, anoint your head and wash your face, so that you do not appear to men to be fasting, but to your Father who is in the secret place; and your Father who sees in secret will reward you openly. Do not lay up for yourselves treasures on earth, where moths and rust destroy and where thieves break in and steal, but lay up for yourselves treasures in heaven, where neither moth nor rust destroys and where thieves do not break in and steal. For where your treasure is, there your heart will be also”.

This lesson on forgiveness comes the day before Clean Monday, the first day of Great Lent. As Christians, we must forgive others and seek their forgiveness. We reaffirm this every time we pray in the Lord’s Prayer, “forgive us our trespasses as we forgive those who trespass against us.” In His ministry, Jesus makes it clear that God forgives us only if we forgive others. This Gospel passage additionally draws our attention to how we should approach the Lenten period and where our focus should be—on laying up treasures in heaven. On this Sunday, we also commemorate all the saints who excelled in ascetic living (living a spiritually disciplined life). We look to these holy ascetics as examples to inspire us toward fasting, praying, and doing acts of mercy. Today is the last day dairy products are permitted before the fast.

One final thought to reflect on as we begin our Great Lenten Journey is this beautiful story of forgiveness. There once lived a holy archbishop who was sought out by pilgrims because of his great spiritual insight. As his popularity and the demands on his time grew, he wished to retreat into a life of noetic prayer—ceaseless prayer of the mind and the heart. He was granted permission to move back to his native island where he lived more fully a monastic life. One day, a man desperately knocked at the monastery door; he had committed a murder and was trying to flee from the villagers seeking revenge. The man confessed his sins to the holy archbishop, now the abbot of the monastery. As he listened, the abbot realized that the person who the man had murdered was the abbot’s own brother. God helped the abbot see into the heart of this man and see how sorry he was. He forgave the man who murdered his brother and read the confessional prayer of absolution. The abbot then helped the man to escape the authorities so that he could live the rest of his life in prayer and repentance at a monastery. This holy abbot is St. Dionysios of Zakynthos. He exemplifies true forgiveness.

Father Wilson

Very Rev. Archimandrite Agathonikos M. Wilson
(Father Mike)
Cathedral Dean

DAUGHTERS OF PENELOPE SAVE THE DATE

On April 10, 2016

the Ilios chapter 51 of the Daughters of Penelope
will host a dinner in honor of our sister

Nicoletta Moutsoulis

this year’s recipient of the Pericles Award.

The dinner will take place at the Pappas Room
at the Puritan Backroom on April 10, 2016.

Social hour will be at 5:00 p.m.
and dinner will be at 5:30 p.m.

Meal choices:

Broiled Chicken, Broiled Haddock,
or Vegetarian Lasagna.

Price: \$35.00 per person

PRESIDENT'S MESSAGE

Dear Fellow Parishioners,

I hope you all made it thru the recent deep freeze without any bursting pipes or other winter issues. The furnace here was in and out with air getting into the line somehow causing the system to shut down to protect itself. This caused the Cathedral to be quite cold on Sunday and for that I'm sorry. We have tried to keep everything running and I have visited many a night and Saturdays to make sure things were working but it happened again. Fortunately or unfortunately many of you stayed home anyway, I wish I had, and were cold and glad when the Liturgy was over and we could get to the community center which is always a bit warmer. No one's fault and our custodian Dan did a great job in trying to keep things working to the best of his ability.

I wanted to thank my Cadillac committee for the 50th anniversary banquet we recently held, it was a great success and turned out to be a fitting tribute to all those who have labored so hard for so long to keep the event going and memorable thru the good times and the many rough times. Thank you to our raffle winners, all our participants, the contributions and generosity to the silent auction and the support of the commemorative ad book. Most of all my sincere thanks to this year's hard working group of dedicated volunteers who again labored for the church we all love. It was my pleasure and honor to work with you all, together again. This year's committee included: Marga Bessette, Steve Chakas, Stephanie Ferro, Tim Giotas, Cindy Gatzoulis, Teddy Karagiannis, Jim Lalapoulos, Ted Setas, Greg Timbas, Evelyn Houle Tsiatsios, and the tireless Poppy Tsoutsas. Elaine Setas for heading up our silent auction, Evan Arfanakis for giving us the terrific special lighting they really put some time and effort into the task, our custodian Dan and office manager Joyce. Lastly my love and thanks to Alice Comerford forever leading the way for us all, the ad book, the many vendors, the ticket problems, etc. etc. Alice managed to keep everyone on track with charm and grace especially that included making me look great once again. The thank you's from so many given to me belong to you our 50th Golden Anniversary Cadillac Committee once again we did it. Your community of St. George is in your debt and the beneficiary of the money we raised together while enjoying a wonderful evening. Thank You.

A few reminders of upcoming events on the 5th of March we are having the annual Apokreatiko Dance, DJ, food, bar and a fun time for all is promised, This event has been gaining some steam and increasing attendance each year, a nice family event so bring your parents, bring your children,

meet your friends this is what your community is all about, do not miss out again and wish you had come. Hope to see you there.

We also are having an AHEPA breakfast on the 13th with a portion of the proceeds going to the St. Nick's shrine in NYC so please try and attend, let's have a nice turnout. AHEPA and the Daughters of Penelope have been part of things here for generations doing a lot good work, God's work let's sit and eat breakfast together.

Please continue to send in your Stewardship forms and of course your financial commitment we are in much better shape than in years past but it's a struggle at times without a balanced cash flow, it just makes things less stressful. I could go on but my letters tend to run on as does my mouth at times, I'm working on it, so till next month be safe and remember St. George in your prayers. Thanks.

See you at Divine Liturgy

Frank C. Comerford - President



Hierarchical Divine Liturgy

Please come and welcome

His Eminence Metropolitan Methodios

to our beloved Saint George Cathedral

on Sunday, April 17, 2016.

May God grant him many years.

2016-2017 UNDERGRADUATE AND GRADUATE SCHOLARSHIPS AVAILABLE

NEW YORK – Applications and instructions for three scholarships administered by the Department of Philanthropy of the Greek Orthodox Archdiocese of America are available for awards to be made for the 2016-2017 academic year. The George & Naouma (Gioule) Gioles Scholarship and the Katina John Malta Scholarship are for undergraduate studies, and the Paleologos Scholarship is awarded for graduate work of a non-theological nature. Each of these scholarships was established through generous gifts from dedicated Greek Orthodox Christians who wanted to provide financial assistance towards the education of young people from our Orthodox Christian community.

Applications can be accessed by visiting the scholarship web page of the website of the Greek Orthodox Archdiocese of America. For more information, please email scholarships@goarch.org or call 212-774-0283. The deadline for submitting an application for any of these scholarships is May 6, 2016.

AHEPA BREAKFAST

Sunday, March 13, 2016 After Divine Liturgy
Pancakes, Sausage, Coffee, Milk and Juice
\$6.00 Tickets sold during Coffee Hour and at the door.
(50% of the proceeds go to the rebuilding
of St. Nicholas Church in New York City)

GOYA NEWS

We would like to thank everyone for their support for our Valentine's Day bake sale that was held Sunday, February 14th. The generous donations will help our GOYA Youth Group. Below is a picture from the Valentine Bake Sale. The next Goya Meeting will be held on Sunday, March 20th at noon at the Annex.



FATHER'S OFFICE HOURS

Father's Office Hours
Monday – Wednesday – Friday
10:00 a.m. to 4:00 p.m.

Thursday
11:00 a.m. to 7:00 p.m.

Tuesday and Saturday
By Appointment

FATHER'S CONTACT INFORMATION

Cell Phone: (603) 856-6749
E-mail: revframwilson@yahoo.com

St. George Board of Directors

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Cindy Gatzoulis Klinefelter
Diane Orr
Veneta Tatakis
Tracy Terrio

CUB SCOUTS

The Cub Scouts are heading towards the end of the Scouting year quickly! On February 13th, we had our Blue and Gold Banquet, where we wished farewell to 5 of our Cub Scouts, as they moved on to Boy Scouts! On February 17th, we had our Pack meeting in the Cathedral so that we could learn about St. George, and what our Cathedral and Faith mean...it's important to understand the Community that supports us so well! We also worked together and with the Boy Scouts and Girl Scouts had our first Movie Night in the Community Center (after a great evening of Tubing at McIntyre Ski Area!)

On March 5th, we will have our Pack Pinewood Derby...racing homemade cars down our own Track! It's like NASCAR...just a bit smaller! Once our racing is done, we will be setting up for the Apokreatiko Dance on Saturday night, and we hope to see everyone there!

With great pride, St. George Cathedral has been selected as the host for the District Pinewood Derby on March 19th. Cub Scouts from all over Manchester and the surrounding area will descend on our Community Center for a day of fun-filled racing! Both events will be very exciting, please come down and support our Cub Scout Pack!

Even though it is late in the school year, our Pack goes all summer long. We have a lot of great activities, and we hope that you will bring your First through Fifth grader down to check us out! If you have any questions, please call Cubmaster Jason Cote, at 603-540-2800 or email at jcote1@gmail.com! Thank you!

URGENT NEED FOR FOOD

The demand for food assistance is at an all time high and food bank supplies are at a record low. Help is needed to fill their shelves and ensure that some of the poorest residents of our community receive food. The greatest needs are: peanut butter, jelly, tuna fish, canned vegetables, canned fruit, cereal, pasta, and sauce. Please drop your items off at the Community Center and we will deliver them to the soup kitchen. New Horizons and the recipients of the food are very grateful for your generous donations.

THANK YOU

Thank you to Aprodite Giotas for her generous donation of \$25.00 to the St. George Greek Orthodox Senior Choir in memory of Eleni Vasili. May her memory be eternal!
The Senior Choir

SUNDAY SCHOOL

Dear St. George Community,

The Sunday School is kicking off its spring philanthropy project this month! This spring we are collecting school supplies for a local school. I know, with the community's help, we can make this project successful! Donations will be collected during Sunday School and can be left in the drop off box in the lobby of the community center. At the end of the Sunday School year we will put together back-to-school packages, so everything will be ready for the beginning of the next school year.

My goal is to teach the students the importance of philanthropy. Philanthropy comes from the Greek origin meaning loving people. It is the practice of giving time to help make life better for other people. I want to say a special thank you to the Awad, Gallos, Robinson and Tatakis families for joining my family and Father Mike and representing the Sunday School youth at Hanover Hill and Villa Crest. On Valentine's Day weekend we delivered cards to the residents of Hanover Hill and Villa Crest. It was a wonderful teaching moment for our Greek youth! I want to thank all the Sunday School students for making the beautiful cards! This was our second year making and delivering cards. My hope is to continue this for many, many years!

Sincerely,
Athena Moutsioulis Bevan

GREGORY PAPPAS MEMORIAL SCHOLARSHIP

Attention High School seniors. Applications are available in the Cathedral office. **The deadline is April 1, 2016.**

THE ANNA THEODOSOPOULOS SCHOLARSHIP

The Anna Theodosopoulos Scholarship is available to high school seniors and applications must be submitted by April 1. Applications can be picked up in the cathedral office.

GREATER MANCHESTER HELLENIC SCHOLARSHIP FUND

The Trustees of the Greater Manchester Hellenic Scholarship Fund invite qualified high school seniors, college freshmen, and college sophomores to apply for 2016 scholarships. Applications are available at the Church office. Completed applications with official transcripts must be returned to the office no later than April 1, 2016.

COMMUNITY NEWS

Weddings

Mr. & Mrs. James Filippo
Congratulations!

Funerals

Eleni Vasili and Eleni Apostolos
May their memories be eternal.

MEMORIAL DONATIONS

St. George Greek Orthodox Cathedral Beautification Fund in memory of:

George Metalious	\$75.00
Efthimia Thoma	\$205.00
Eleni Vasili	\$100.00

The George Demos Altar Boy Scholarship Fund in memory of:

George Metalious	\$50.00
Efthimia Thoma	\$150.00

St. George Greek Orthodox Cathedral Senior Choir Fund in memory of:

Eleni Vasili	\$25.00
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COMMUNITY CONTRIBUTIONS

Mr. Ioannis Kalaitzidis generously donated \$50.00 to the St. George Greek Orthodox Cathedral Beautification Fund.

Mr. & Mrs. Nicholas Hartofelis generously donated \$100.00 to the St. George Greek Orthodox Senior Choir.



THE FIVE SUNDAYS OF GREAT LENT

The First Sunday of Great Lent is dedicated to the final triumph of the Orthodox Church over the iconoclasts and the restoration of the Holy Icons to the churches, which took place on the First Sunday of Lent, March 11, 843. Thus it is called the Sunday of Orthodoxy. As the Orthodox triumphed during the iconoclastic controversy because of the dedication of the Martyrs and Confessors who suffered for the Faith, so too, we strive to imitate these Martyrs by our own ascetical self-denial. A special feature of this day is the procession of the Holy Icons and the sixty anathemas pronounced against various heretics and heresies of the Fourth though the Fourteenth Centuries.

The Second Sunday of Great Lent is dedicated to Saint Gregory Palamas, Archbishop of Thessalonike. Saint Gregory's triumph over the heretics of his time is seen as a renewal of the Triumph of Orthodoxy of the previous Sunday. Another theme of this Sunday is that of the Prodigal Son as a model of repentance, for which a special Canon is devoted at the Sunday Matins.

The Third Sunday of Great Lent is dedicated to the Cross and the bringing-out of the Precious Cross, which closely parallels the celebration of the Feast of the Exaltation of the Cross on September 14. This day is also referred to as the Sunday of the Veneration of the Holy Cross. At this time we are at mid-Lent and we are reminded of the upcoming crucifixion of the Lord and we are strengthened to persevere in our Lenten struggles.

The Fourth Sunday of Great Lent is dedicated to Saint John Climacus (John of the Ladder), Abbot of Mount Sinai, who because of his ascetical writing serves as a model of a true Christian ascetic. The Ladder, the work of Saint John Climacus, is appointed by the Church to be read during Great Lent.

The Fifth Sunday of Great Lent is dedicated to Saint Mary of Egypt, who was a harlot living in the Egyptian city of Alexandria, who later repented and lived the rest of her life in solitude in the Egyptian desert, serving as a model of repentance to all Christians.

ATTENTION HIGH SCHOOL SENIORS & COLLEGE STUDENTS

Scholarship Packets are available in the Cathedral office. The office is open Monday – Friday, 8:00 a.m. – 4:00 p.m.

St. George Greek Orthodox Cathedral

650 Hanover Street
Manchester, New Hampshire
Invites you to

An Apokreatiko Celebration

Saturday, March 5, 2016

7pm – 11:00pm

In the church hall

**DJ George Regas
Greek and American Dancing**

**Variety of Hors D'oeuvres
Cash Bar**

**\$15.00 per person
Children under 12 are free**

Toula Barber at 668-6839
or the Cathedral office at (603)622-9113

Coffee Hour Information

Fellow Parishioners... There has been some confusion as of late as to what we should expect from our Church sponsored Coffee Hours. We hope this clears any questions or confusion:

Regular Coffee Hour includes: cheese and crackers, grapes, pastry, coffee, milk, juice, and paper products

Memorial Coffee Hour includes: cheese and crackers, grapes, pastry, coffee, milk, juice, paper products, veggie platter and 150 pita--\$100

If you would like to have Sandwiches ordered the cost is:

- 36 assorted finger sandwiches \$45.00 (prices subject to change)
- 72 assorted finger sandwiches \$90.00
- 108 assorted finger sandwiches \$135.00... etc

Family and friends are welcome to bring any additional items. Please have items table ready with names on the plates if you would like them back. Also a quick reminder to be respectful of the sponsoring families and of those behind you in line. Lastly, children will be children and we love all of ours dearly however in today's world of health conscience we graciously ask you to watch that your child touch what they are going to take... and take what they touch.

Finally, we would like to extend a **Huge Thanks** to those who volunteer their time each week to service these Coffee Hours. If you volunteer to be on a team Please remember that you are agreeing to the following:

- Arrive at the church around 9:45 am to start setting up.
- If you cannot make it on your week or will be late you need to notify the captain or co-captain of the team in enough time to look for a replacement.
- Lastly, everyone should stay through clean up to make it as fast and swift as possible.

If you do not have a schedule there is a Master schedule in the kitchen you can check.

We are always looking for more help, if you don't Volunteer on a team and would like to please contact Tracy Terrio at 623-0847.

God Bless....The Anagennesis Ladies Board

PRAYING FOR THE DEPARTED

One of the common questions asked by Orthodox Christians about their Faith concerns our approach to those who have fallen asleep in the Lord. Should we pray for the departed? Of what value are such prayers?

The underlying principle behind praying for the dead is based on unity in Christ. Since the inception of the Church, prayers for the deceased have always been offered in their behalf. We believe that the dead are really in another state of "life." Those who are related to God in a living faith have life even though they may be physically dead. Christ himself said: "I am the resurrection and the life: he who believes in Me, though he die, yet shall he live, and whoever lives and believes in Me shall never die." (John 11:25) In the Gospel of St. Matthew, Jesus spoke to the Sadducees about the rising from the dead, saying: "And as for the resurrection of the dead, have you not read what was said to you by God, 'I am the God of Abraham and the God of Isaac and the God of Jacob?' He is not God of the dead, but of the living." (Matt 22:31)

Though physically dead, the soul lives on, and we keep in contact with the departed by praying to God for the forgiveness of their sins. Thus does the Church provide the services for the dead because she believes that the departed may be helped, since Christ is able to do all things at will. The Orthodox Church, in fact, sets aside special days, referred to as SATURDAY OF THE SOULS, to pray for all departed souls. It is customary on these days to have the names of our deceased loved ones mentioned aloud during these memorial services. In this way, we commemorate the ones who have passed on to their eternal reward.

At the Divine Liturgy and Memorial Services offered on the Saturday of the Souls, the Church remembers all the Saints, Orthodox Emperors and Patriarchs, our forefathers and ancestors, and all of our deceased loved ones. Our church prays for all the dead to express their faith that all who have fallen asleep in the Lord live in the Lord. Whether on earth or in heaven, the Church is a single family, one body in Christ. Death changes the location, but it cannot sever the bond of love. On Memorial Saturdays, the liturgical hymns pray universally for all of the departed. May their memory be eternal!

First Saturday of the Souls – Saturday, March 5, 2016
Second Saturday of the Souls – Saturday, March 12, 2016
Third Saturday of the Souls – Saturday, March 19, 2016

STEWARDSHIP 2016

Michael & Donna Aboshar
Arthur Adamakos
Joanne Adamakos
William Aivalikles
Anastasia Ambargis
Dick & Demetria Anagnost
Panagiota Arfanakis
Milton & Sally Argeriou
William & Cheryl Athanas
Christos & Alexandra Babis
Christine Ballas
Helen Benson
Peter & Kate Boisvert
Richard & Georgiann Boisvert
Keir & Joanne Bordner
Arthur & Sandra Boujoukos
Christopher & Angeliki Bourassa
Fanny Canotas
Vasiliki Canotas & Mark McCue
Dorothy Chakas
William & Maria Chaloge
Steve Chakas
Dean & Evangeline Christon
Marie Clapsaddle
Ronald & Marion Coble
Pamela Colantuono
George Copadis
Alice Crusade
Maria Dakos
Julia Damalas
Sturgis Damalas
Nancy Daskal
John & Vasoulla Demos
Vivi Pappas Desjardins
George & Linda Dimakis
Robert & Angela Dion
Harry Dimos
Nicholas & Artemis Donis
Effie Dovas
Jim & Stephanie Ferro
Adamantia Gatsas
Robert T. George
Alexander Georgeou
Stephen & Brenda Gikas
Timothy & Evangelia Giotas
Evangelos & Grace Griburas
Carmelo & Paraskevi Gines Guzzardi
John & Kiki Harrington
Nick & M. Louise Hart
Nicholas & SeSun Hartofelis
William & Joan Huguen
John Ine
Alice Ivos
Betty Kacavas
Nola Kalantzis
John & Barbara Karanasios
Eva Karandanes
Rigas & Maria Karoutsos
Jennie Kiestlinger
Andrea Kokolis
Ernest Kotekas
Michael & Effie Koustas
George Kriton
George & Dafnoulalalopoulos

Philip Liakos
Stephen & Maureen Liakos
Alice Love
Jeanne Lucas
John & Marie MacArthur
M. Kathryn MacPhee
Pamela Manolakis
Anthony & Karen Massahos
James & Karen Massahos
Harry Mehos
Socrates & Evdoxia Merisotis
Spiros & Maria Millios
Spiros & Sharon Mitsopoulos
Marilyn Motowylak
Ashley Moufarge-Bardwell
Bess Mousseau
Elias Moutsioulis
Kosta & Nikki Moutsioulis
Effie M. Naum
Julia D. Naum
Michael & Elaine Oleniak
William Pananos
Costas & Mary Papachristos
Frank & Athanasia Papanicolau
Arthur & Dawn Pappas
Chris Pappas
Paul Pappas
Evangelos & Brenda Pervanas
George Petrikas
Sophia Plentzas
James & Hayley Potitis
Giorgio & Denise Ricciardi
James & Athanasia Robinson
Diana Seitz
John & Maria Sinclair
Christopher & Marina Skaperdas
Leonard & Georgia Sousa
Kostas & Tina Spanos
Eva Marie Stilkey
Aphrodite Tagalakis
Lisa Tagalakis
Marc Tagalakis
Theodora Thanos
Vasiliki Tolios
George & Joyce Trapotsis
Vasso Tsingos
Thomas & Virginia Tsirimokos
Hercules & Constance Tsirovakas
Alexandra Tsoutsas
Despina Tsoutsas
George Tsoutsas
Despina Tziros
Peter & Ashley Tziros
Anastasia Vilas
Christos & Catherine Vasilopoulos
Vasilios & Penny Vasilopoulos
Christos Veziris
Theofilos & Angela Vougias
Vasilios & Christina Vougias
Gretchen Whitney
Michael & Ellen Whitney
Fr. Michael Wilson
Arthur Zetes
George & Ruth Zogopoulos

Joyful Giving – Stewardship 2016 Pledge Form

My Pledge to St. George Greek Orthodox Cathedral in 2016 (Please respond as soon as you can!)

NAME _____ SPOUSE (If Married) _____

STREET _____ CITY _____ STATE _____ ZIP _____

HOME PHONE _____ MOBILE PHONE _____

EMAIL ADDRESS _____ EMAIL ADDRESS of Spouse (If Married) _____

DEPENDENT CHILDREN'S names and birthdates: _____

May we include your contact information in the parish directory? ☐ YES ☐ NO May we add you to our parish email list? ☐ YES ☐ NO

Indicate any information you would like excluded from parish directory: _____

TREASURE

In gratitude for God's blessings, I/we commit to Christ and His Church the following amount for 2016: \$ _____

I WILL FULFILL MY PLEDGE IN THIS MANNER: ☐ MONTHLY ☐ QUARTERLY ☐ YEARLY ☐ OTHER _____

I WOULD LIKE TO HAVE MY PLEDGE BILLED TO MY DEBIT / CREDIT CARD. (This is preferred in order to save fees)

Card #: _____ Exp. Date: _____ CCV#: _____

PLEASE BILL MY CARD: ☐ YEARLY ☐ QUARTERLY ☐ MONTHLY

TIME & TALENT

NAME: _____

INDIVIDUAL STEWARDS should indicate areas of interest with a check mark. FAMILIES should mark "H" for HUSBAND, "W" for WIFE, or "C" for CHILDREN.

EDUCATION

- _____ Bible Study
- _____ Adult Religious Education
- _____ Intro to Orthodoxy
- _____ Publications
- _____ Speakers
- _____ Library

YOUTH

- _____ Sunday School Teacher
- _____ GOYA
- _____ Little Lambs
- _____ Hope/Joy
- _____ Scouts
- _____ Basketball
- _____ Youth Choir

BUILDING & GROUNDS

- _____ Garden & Landscape
- _____ Clean-up
- _____ Interior Repairs
- _____ Exterior Repairs
- _____ Hall Rentals

ADMINISTRATION

- _____ Review / Audit
- _____ By-Laws
- _____ Office Help
- _____ Computer / Technical
- _____ Data Entry
- _____ Board of Directors
- _____ Anagenesis

DEVELOPMENT / FUNDRAISING

- _____ Glendi

LITURGICAL

- _____ Sanctuary & Altar Care
- _____ Altar boys / Acolytes
- _____ Baking Prosfora
- _____ Choir
- _____ Reader
- _____ Greeter / Usher

MINISTRIES & PROGRAMS

- _____ Campus Ministry
- _____ Welcome Team
- _____ New Member Events

- _____ Outreach
- _____ Stewardship
- _____ Sunday Fellowship / Coffee
- _____ Visitation – Hospital
- _____ Visitation – Shut-ins
- _____ Feed the Hungry
- _____ Prison Ministry
- _____ Grief Bereavement Group
- _____ Disaster Relief Projects
- _____ Blood Drives
- _____ Project Mexico
- _____ Int'l Orth Christian Charities
- _____ OCMC Mission Center
- _____ Seniors Ministry
- _____ Couples Ministry
- _____ Singles Ministry
- _____ Military Ministry

COMMUNICATIONS

- _____ Website & E-mail
- _____ Bulletin & Newsletter
- _____ Public Relations

GREAT LENT BEGINS ON MONDAY, MARCH 14, 2016

The Feast of Feasts, the Holy Pascha, the Resurrection of the Lord, is the climax of the Church's liturgical year and is also the most glorious, most joyful and bright festival of the Christian Church. On it Our Lord and Savior Jesus Christ arose as victor over death, destroying the power of death over man once and for all and annulling the curse pronounced upon man in Paradise. But, before the bright joy of Pascha, the Church has ordained a lengthy period of repentance and spiritual searching, a period of preparation, so to speak, the Forty-day Great Lent.

The Forty Days of Great Lent commemorates Israel's forty years of wandering in the Wilderness, the forty years of painful struggle as Israel longed for and then received entrance into the Promised Land. Moses remained fasting on Mount Sinai for forty days and the Prophet Elijah fasted forty days as he journeyed to Mount Horeb. Great Lent also recalls the forty days the Lord spent in the Wilderness after His Baptism, when He contended with Satan, the tempter.

The time of Great Lent encompasses forty days, to which must be added the Saturday of Lazarus, Palm Sunday, and Holy Week. In addition, the Holy Church prescribed a period of preparation for the Great Lent itself, called the Triodion, and the Sundays of the Publican and the Pharisee, Prodigal Son, Meat Fare, and Cheese Fare. In all, the Orthodox Church prescribes ten weeks of spiritual and bodily preparation for the joyous Pascha of the Lord.

The time of Great Lent is dependent on the date of Pascha, which varies from year to year. According to a Canon of the First Ecumenical Council, Holy Pascha is the first Sunday after the first Full Moon which falls upon or immediately after the Spring Equinox (according to ancient reckoning is March 21). In addition, this Council decreed that Pascha cannot precede or fall on the Jewish Passover. The Full Moon used for the purposes of calculating the date of Pascha is the fourteenth day of a Lunar Month reckoned according to ancient ecclesiastical computation and is not the actual astronomical Full Moon.

The number of days between each Full Moon (the Lunar Month) is not exact according to the Solar Calendar. Ancient calendars added or subtracted a period called an epact to harmonize the Lunar and Solar Calendars. These epacts as calculated by the Orthodox Church, vary from those calculated by the Western Churches. In addition, the Western

Churches do not follow the Nicean Council's decree that Pascha must not precede or fall on the Jewish Passover, and it is for these reasons that there is often a great variance from one year to the next between the Orthodox Church and the Western Churches concerning the date of Holy Pascha.

On the Monday following the Sunday of Cheese Fare, we formally begin the Forty-day Great Lent and, of course, one of its features is its rigorous fasting. In addition, there are some special features of the liturgical services. The usual Sunday Liturgy of Saint John Chrysostom is replaced with the much longer Liturgy of Saint Basil. This Liturgy is especially characterized by its longer and very moving prayers. The Liturgy of Saint Basil is celebrated in the church ten times each year. Weekday Liturgies are not served during Great Lent, with the exception of the Feast of the Annunciation if it falls on a week day, but is replaced by the special Liturgy of the Pre-sanctified Gifts, at which the faithful commune of the Holy Gifts which were pre-sanctified at the previous Sunday's Liturgy.

On Monday evenings throughout Great Lent we will celebrate the penitential service, the Compline Service, the Liturgy of the Pre-sanctified Gifts will be celebrated on Wednesday - half of them in the evening and half of them in the morning, and the Salutations to the Virgin Mary will be celebrated on Friday evenings. In Great Lent we are also introduced to the very moving Lenten prayer of Saint Ephraim the Syrian, setting forth the essence of spiritual life. This prayer is recited at each of the liturgical services throughout the weekdays of Great Lent and the first half of Holy Week.

TURN CLOCKS AHEAD ON MARCH 13, 2016

At **2:00 a.m.** on **Sunday, March 13, 2016** millions of Americans will turn their clocks ahead one hour, beginning Daylight Saving Time.

A safety reminder: Many fire departments encourage people to change the batteries in their smoke detectors when they change their clocks because Daylight Saving Time provides a convenient reminder. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Troy, Michigan. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have either dead or missing batteries.

Sunday School - February 2016



Delivering Valentine's Day cards to
the residents of Hanover Hill and
Villa Crest.

John Awad, Annabel Awad, Athan Bevan, Alexa Bevan,
Athena Gallos, Chris Robinson, Joyce Robinson, Elizabeth
Robinson and Anna Tatakis



COMMEMORATING MARCH 25, 1821

22nd Annual

GREEK INDEPENDENCE DAY PARADE of BOSTON

SUNDAY, APRIL 3, 2016 • 1:00 PM

BOYLSTON STREET TO CHARLES STREET
CELEBRATION WITH GREEK MUSIC, DANCING AND FOOD AT THE
BOSTON COMMON IMMEDIATELY FOLLOWING THE PARADE



Friday, April 1st Greek Independence celebration at the Massachusetts State House
Saturday, April 2nd Gala at the Newton Marriott, 6:30 pm



Presented by the Federation of Hellenic-American Societies of New England,
with the support of the Mayor's Office of Special Events and Tourism.

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Grand Marshals:

*His Eminence Metropolitan Methodios of Boston;
Honorable Mayor of Boston Martin Walsh*



Saturday of the Souls - Ψυχοσαββατον

“Give rest, O Lord, to the souls of Your servants”

March 5, 2016 - March 12, 2016 - March 19, 2016 - 9:30 a.m.

Divine Liturgy and Memorial Service

(Please list the names of deceased Orthodox family and friends – please print neatly)

For the Repose of the Souls Υπερ Αναπαυσεως

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

SAINT GEORGE GREEK ORTHODOX CATHEDRAL
650 HANOVER STREET
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St. George Sunday School Spring 2016 Philanthropy



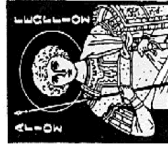
We will be collecting new school supplies.
In May we will put together
back-to-school packages.

TO BENEFIT

**LOCAL SCHOOLS
IN MANCHESTER**

Please bring school
supplies to Sunday School
or in the drop off box in
the lobby of the
community center.



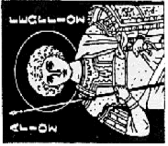


ST. GEORGE GREEK ORTHODOX CATHEDRAL

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saintgeorge@comcast.net www.stgeorge.nh.goarch.org

March 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1.	2. Bible Study 11 am at Annex. Cub Scout Mtg. 6 p.m. in CC. Orthodox Life Class 7pm at Annex. 7th & 8th Gr. BB 7:30—9 p.m. in CC.	3. HS BB 6-7:30 pm in CC.	4. Girl Scouts 6-7:30 pm at Annex. 3rd & 4th Gr. BB 6-7:30 p.m. in CC.	5. BB Clinic 9—10:30 a.m. in CC. 1st Sat. of Souls Div. Lit. & Mem. Ser. 9:30 a.m. Apokreatiko Dance 7 p.m—11 p.m. in CC.
6. Meatfare Sunday Orthros 9 a.m. Div. Lit 10 a.m. Sun. Sch. 10 a.m. Greek Dance class 6-8 p.m. in CC.	7. Pre- Sch. 4:30—5:30 pm in CC. Adult Greek Class 6-7:30 pm in CC. 3rd,4th,5th,&6th Gr. BB 6-7:30 pm in CC. HS BB 7:30—9 pm in CC.	8.	9. No Bible Study. Cub Scout Mtg. 6 pm in CC. 7th & 8th Gr. BB 7:30—9 pm in CC. DOP Mtg. 6:30 pm at Annex. Orthodox Life class at 7pm at Annex.	10. HS BB 6-7:30 pm in CC.	11. Girl Scouts 6-7:30 pm at Annex. 3rd & 4th Gr. BB 6-7:30 p.m. in CC.	12. Last BB Clinic 9-10:30 am in CC. 2nd Sat. of Souls Div. Lit & Mem. Ser. 9:30 a.m. Baptism for Emma & Bailey , parents Todd & Kassandra Brady 12 p.m.
13. Orthros 9 a.m. Div. Lit 10 a.m. Sun. Sch. 10 a.m. 40-Day Mem. for Eleni Apostolos. AHE/PA Breakfast in CC. Vespers of Forgiveness 6 p.m.	14. Great Lent Begins. Pre-Sch. 4:30—5:30 pm in CC. Compline Ser. 6 p.m. Adult Greek Class 6-7:30 pm in CC. BOD Mtg. 7 p.m. at Annex. 3rd,4th,5th,&6th Gr. BB 6-7:30 pm in CC. HS BB 7:30—9 pm in CC.	15.	16. No Bible Study or Orthodox Life Class. Presanctified Liturgy 5:45 p.m. followed by Lenten Pot Luck Supper in CC. 7th & 8th Gr. BB 7:30—9 p.m. in CC.	17. HS BB 6-7:30 p.m. in CC.	18. 1st Salutation Service 7 p.m. Girl Scouts 6-7:30 pm at Annex.	19. 3rd Sat. of Souls Div. Lit. & Mem. Ser. 9:30 a.m. District Pinewood Derby in CC.
20. Orthros 9 a.m. Div. Lit 10 a.m. Sun. Sch. 10 a.m.	21. Pre- School. 4:30 — 5:30 pm in CC. Compline Ser. 6 p.m. Adult Greek Class 6-7:30 p.m. in CC.	22.	23. No Bible Study & Orthodox Life Class. Pre sanctified Liturgy 11 a.m. followed by Lenten Pot Luck Luncheon and Lecture in CC. Cub Scout Mtg. 6 p.m. in CC.	24. HS BB 6-7:30 p.m. in CC.	25. Feast of Annunciation Div. Lit. 10 a.m. 2nd Salutation Ser. 7 p.m. Girl Scouts 6-7:30 pm at Annex	26.
27. Orthros 9 a.m. Div. Lit. 10 a.m. No Sun. Sch.	28. Pre- School. 4:30 — 5:30 pm in CC. Compline Ser. 6 p.m. Adult Greek Class 6-7:30 p.m. in CC.	29.	30. No Bible Study & Orthodox Life Class. Presanctified Liturgy 5:45 p.m. followed by Lenten Pot Luck Supper and Lecture in CC.	31. HS BB 6-7:30 pm in CC.		



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April 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1. 3rd Salutation Service 7 pm. Girl Scouts 6-7:30 pm at Annex.	2.
3. Orthros 9am. Div. Lit 10 am. Sun. Sch. 10 am.	4. Compline Service 6 pm. Pre- Sch. 4:30—5:30 pm in CC. Adult Greek Class 6-7:30 pm. HS BB 7:30—9 pm in CC.	5.	6. Presanctified Liturgy 11 am. followed by Lenten Potluck Luncheon & Lecture in CC. Cub Scout Mtg. 6 pm in CC.	7. HS BB 6-7:30 pm in CC.	8. 4th Salutation Service 7 pm. Girl Scouts 6-7:30 pm at Annex.	9.
10. Orthros 9 a.m. Div. Lit 10 am. Sun. Sch. 10 am.	11. Compline Service 6 pm. Pre- Sch. 4:30—5:30 pm in CC. Adult Greek Class 6-7:30 pm in CC. BOD Mtg. 7 p.m. at Annex. HS BB 7:30—9 pm in CC.	12.	13. Presanctified Liturgy 5:45 p.m. followed by Lenten Pot Luck Supper & Lecture in CC.	14. HS BB 6-7:30 p.m. in CC.	15. Akathist Hymn 7 pm. Girl Scouts 6-7:30 pm at Annex.	16.
17. Orthros 9 am. Div. Lit. 10 am. Sun. Sch. 10 am.	18. Compline Service 6 pm. Pre- School 4:30 —5:30 pm in CC. Adult Greek Class 6-7:30 p.m. in CC.	19.	20. Presanctified Liturgy 11 am followed by Lenten Pot Luck Luncheon and Lecture in CC. Cub Scout Mtg. 6 p.m. in CC.	21. HS BB 6-7:30 p.m. in CC.	22. Girl Scouts 6-7:30 pm at Annex	23. Saturday of Lazarus Divine Liturgy 10 am.
24. Palm Sunday Orthros 9 a.m. Div. Lit. 10 am. No Sun. Sch. Followed by Palm Sunday Fish Dinner in CC. Bridegroom Service 7 pm.	25. Holy Monday Bridegroom Service 7 pm. No Greek Classes or Pre-School.	26. Holy Tuesday Bridegroom Service 7 pm.	27. Holy Wednesday Holy Unction Service 3 pm. Orthros of Thurs. 7 pm.	28. Holy Thursday Vespers Divine Liturgy 6 a.m. 12 Gospel Reading 7 pm.	29. Holy Friday Royal Hr. 9 am. Taking down from the Cross 3 pm. Lamentation Service 7 pm.	30. Holy Saturday Vespers Divine Liturgy 10 am. Canon Pascha 11:15 pm.