What is Holy Tradition and Why is It Important?

What is Holy Tradition and why is it so important to us as Orthodox Christians? We often tell our Protestant friends that one of the differences in the Orthodox faith is that we rely on Holy Tradition and not solely on Holy Scripture. But what do we mean by this? Is Scripture the foundation of Holy Tradition or is Holy Tradition the foundation for Holy Scripture?

The Elder Cleopa says: “Holy Tradition is the teaching of the Church with a living voice, from which a portion was written down later.” Holy Tradition contains Holy Revelation and is essential for our salvation. It is the work of the Holy Spirit and has the same authority as Holy Scripture.

Moses was the first to record Holy Tradition, including the Creation story. This recording began 1400 years before Christ. Prior to this there was no Scripture. Just like the time before the Old Testament was written there was also a period of time for Christians before anything was written that they considered Holy Scripture. Jesus taught for over three years without writing anything down. He sent His Apostles out to teach, not write documents. It wasn’t until some 30+ years later that we have the first writings of the New Testament. Common sense tells us that what was written then could not have possibly included all that had taken place. The reality is that Scripture, both New and Old, are born out of Holy Tradition.

The Evangelist John tells us there is much more than what is written. “There are also many other things that Jesus did, which if they were written one by one, I suppose that even the world itself could not contain the books that would be written.” (John 21:25)

“Having many things to write to you, I did not wish to do so with paper and ink; but I hope to come to you and speak face to face, that our joy may be full.” (John 1:12)

We can see from this that the Apostles taught their followers much more from the knowledge of Tradition. Not everything was written that was passed on through their instruction.

The Elder Cleopa explains how the Church has maintained the truth of the faith. He says, “The Church of Christ determined the truths of the faith, according to the long course of Tradition, through the teachings and canons of the Holy Ecumenical Councils, decrees and the Symbol of Faith (The Creed), and with confessions of Faith by holy and wonder-working hierarchs such as were made at the many local synods which have been held continuously since the days of old.”

He outlines the following conditions to safeguard Holy Tradition:

• Do not sanction conceptions that contain inconsistencies among themselves or contradictions with the Apostolic Tradition and Holy Scripture.

• Honor the Tradition which has been safeguarded from the Apostolic Church and has an uninterrupted continuity until today.

• Protect Tradition that is confessed and practiced by the entire Orthodox Church.

• Carry forward Tradition that is harmony with the greatest portion of the Fathers and ecclesiastical writers.

Saint Paul in his first letter to the Corinthians commends the Christians there because they obeyed his oral teachings and not simply written teachings. Saint Paul writes “I Praise you, my brethren, that you remember me in all things, and even as I delivered to You, you are holding fast the traditions.” (1 Cor 11:2)

Clearly, much of what the apostles taught is not recorded in Holy Scripture. Teachings that were errant to those of the Apostles were always hotly defended by early Church Fathers such as Saint Ignatius and Saint Polycarp.

Saint Irenaeus and Clement of Alexandria say: "Those who explain Scripture without the help of the church’s Tradition cut asunder the significant of the truth." Saint John Chrysostom says, "Hence it is clear that the Holy Apostles did not deliver everything by epistle; rather many things they handed down via the spoken word which is also trustworthy."

Saint Gregory of Nyssa writes: "We have the Tradition set out for us from the Fathers like an inheritance by apostolic succession and transmitted through the saints." Saint Basil the Great says: "Among the dogmas and kerygma (evangelical truths) that are safeguarded in the Church, some we have from written teachings while others we’ve received orally from the Tradition of the Apostles by a concealed succession. The latter hold the same legitimacy and force as the written texts."
The Elder Cleopa writes: "Holy Scripture instructs us to do many things; however it does not make manifest to us the light. For example, it instructs us to be baptized, but it does not explain to us the method. Likewise, it guides us to confess our sins, receive communion, be crowned (married) - but nowhere does it specify the rite of carrying-out these mysteries (sacraments). Furthermore it tells us to pray, but doesn’t tell us how and where and when. It tells us to make the sign of the Cross in front of our chest... but doesn’t show us how."

Finally he says: "Whatever is of Apostolic descent and is practiced by the Fathers receives the validity of Tradition and has the power of law in the Church of Christ. Accordingly, therefore, it must be safeguarded since its importance and benefit spring from the relationship that exists between it and Holy Scripture. Holy Scripture possess its unique witness of the scriptural canon and its dogmatic character (its divine inspiration) only in and with Holy Tradition, while Holy Tradition is able to prove the authenticity of its truth only together with Holy Scripture.”

May Christ our God bless you always with His Abundant and Great Love, Mercy, and Compassion!

With my paternal love in Christ,

Very Rev. Archimandrite Agathonikos M. Wilson
(Father Mike)
Cathedral Dean

---

**PRESIDENT’S MESSAGE**

Dear Fellow Parishioners,

It is over, once again so many of us came together to work for the community we love. The 2017 Glendi festival is history and we all need to feel a sense of pride and satisfaction on a job well done. As this letter is written it is two days after the completion of our event the tents is still up, the truck is parked in the back by the BBQ it far too early to know the numbers. The important thing is to remember the work we did together for our beloved church, the return of so many of our sons and daughters returning to their church to help in any way their talents allow. The smiles on the people of New Hampshire who attended once again. No matter what job you did, or how long you were able to help I thank you from the bottom of my heart, this is our time and our church and your efforts will help us pass on a healthy community to the children who helped me with the wrap up raffles. We did our part once again for St. George and we cannot ask more of ourselves, it is my honor to work with you all once again. Special thanks to Governor Chris Sununu for his 3 hours plus of serving.

We want to extend to our many generous corporate sponsors our deepest thanks for their overwhelming generosity. Our entire community is grateful for their invaluable assistance in the promotion and celebration of our culture. Where they have provided this critical support we hope in turn you will join us in giving them our support in the years ahead. Our corporate sponsors include: AUTOFAIR, CROSS INSURANCE, DUNKIN DONUTS DECK GROUP, ANAGNOST COMPANIES, SPECTRUM MARKETING COMPANY, APPLE THERAPY, CITIZENS BANK, SPECIAL EVENTS OF N.E., AND PURITAN BACKROOM The corporate sponsorships have become a key component of our overall success and we cannot thank them enough as they are joined with our media partnerships including: WMUR, UNION LEADER, WGIR, ROCK 101, THE MORNING BUZZ, NEWS RADIO 96.7, WZID, THE MILL, WFEA, HOT HITS 94.1, OUTLAW 103.1, AND HIPPO PRESS. Their assistance in the promotion of our festival has been wonderful, see who is here working for our community’s success and then take the action to give back to them, we thank you.

We also owe a great debt of gratitude to the many business and community leaders as well as the parishioners of our community who have kindly and generously purchased ads in our program book. Now in its 20th year, the program book gives us a unique opportunity to raise much needed funds for our church programs while also reminding our parishioner and guests of the many outstanding and supportive businesses in the area.

So the 38th Glendi festival is over and the commitment of all of you was simply wonderful. I cannot thank all the ladies and gentlemen who labored all summer in preparation for the festival enough, both boards were all invested in the community effort, the Seniors, the youth, the Pit, the Kitchen staff sweating and getting burned, Gyro again a sellout, Taverna, Salads, Loukaniko, Souvlaki, the Food tent line crew, our cashiers, the busy Beverage booth, the tray and clean-up effort, the terrific Pastry booth, the sellout, the Mini & Multi Raffle tables, the Aegean Market, Coffee Shop, the Loukoumades team in that busy hot corner, the Handicrafts, Greek Coffee, Ice Cream and Cotton Candy, our Bank and our Purchasing Team, my co-chairs Cathy and Dick, George for everything you did, Joyce in the office and Dan our go to guy. Quite the group of VOLUNTEERS all who simply say it’s for the church, which pretty much covers it all. Thank you to our patron. St. George who once again held his shield high to protect us all and his beloved Cathedral Community, giving us a window of good weather.

Once again we did our best, it was my honor to again chair our Glendi and to be your President.

Frank C. Comerford
President, Board of Directors
FIRE PREVENTION TIPS ON
HOW TO KEEP
HOMES AND FAMILIES SAFE

National Fire Prevention Week is October 8 through October 14, 2017 and many local fire agencies across the country want to remind people about what they can do to keep their homes and their families safe.

A big emphasis for this year’s Fire Prevention Week is having properly working smoke alarms. Many fire departments are using the week to remind people that now is a good time to check smoke alarms and electrical cords, remember to keep matches and lighters away from children, and go over a family fire safety plan. The fire departments recommend checking your smoke alarm at least once a month to ensure that the batteries are working.

Smoke Alarm Tips
- Test smoke alarms at least once a month using the test button, and make sure everyone in your home knows their sound.

- If an alarm "chirps," warning the battery is low, replace the battery right away.

- Replace all smoke alarms, including alarms that use 10-year batteries and hard-wired alarms, if they do not respond properly when tested.

- Never remove or disable a smoke alarm.

Winter Month Reminders
- Space heaters should be kept at least three feet away from anything that can burn.

- Chimneys and home heating systems should be cleaned or inspected once a year.

- Carbon monoxide alarms are also recommended for homes in addition to smoke detectors.
COMMUNITY NEWS

**Weddings**
Michael Gleneck and Andrea Melas.  
Koumbaro was Milton Soulios.  
Marianna Snyder and Athanasios Skoulikaritis.  
Koumbaro was Nicholas Kalabakos  
Congratulations!

**Baptisms**
Ioannis Athanasios,  
son of Athanasios and Marianna Skoulikaris.  
Godfather was Nicholas Kalabakos.  
Congratulations!

**New Members**
John J. Grammas  
Welcome to the Family!

**Funerals**
Pamela Dager-Hagan  
Sophia Plentzas  
May their memories be eternal!

MEMORIAL DONATIONS

<table>
<thead>
<tr>
<th>Fund</th>
<th>Donor</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>St. George Greek Orthodox Cathedral Endowment Fund</td>
<td>Nicholas Skaperdas</td>
<td>$2,160.00</td>
</tr>
<tr>
<td></td>
<td>Nicholas &amp; Maria Skaperdas</td>
<td>$500.00</td>
</tr>
<tr>
<td>St. George Greek Orthodox Cathedral Beautification Fund</td>
<td>Evangelia Brianas Maxfield</td>
<td>$50.00</td>
</tr>
<tr>
<td></td>
<td>Adamantia Gatsas</td>
<td>$25.00</td>
</tr>
<tr>
<td></td>
<td>John Lazos</td>
<td>$225.00</td>
</tr>
<tr>
<td>St. George Greek Orthodox Cathedral Glendi 2017 Fund</td>
<td>Eric Palangas</td>
<td>$100.00</td>
</tr>
<tr>
<td>The Greater Manchester Hellenic Scholarship Fund</td>
<td>Caroline Kapranopoulos</td>
<td>$200.00</td>
</tr>
</tbody>
</table>

CHANGE OF ADDRESS

If your address changes, please give the Cathedral Office a call at 622-9113 and let them know of the change.

ADULT EDUCATION:

**BIBLE STUDY CLASSES**

Beginning on Wednesday, October 4, 2017 we will have two Bible Study Classes meeting on Wednesday at 11:00 a.m. and again at 6:00 p.m. The morning Bible Study Class will be studying the Gospel of Saint Luke this coming year. The evening Bible Study Class will be studying the Acts of the Apostles. Both classes will be held in the Annex Building located on Amherst Street behind the Church.

**ORTHODOX LIFE CLASS**

Our Orthodox Life Class will be held on Thursday evening at 6:00 p.m., beginning on Thursday, October 5, 2017. This year our class will be an Introduction to the Orthodox Church and will use a text book and study guide prepared by Father Anthony Coniaris. This class will meet in the Annex Building located on Amherst Street behind the Church.
According to some, this Saint was a son of Joseph the Betrothed, born of the wife that the latter had before he was betrothed to the Ever-virgin. Hence he was the brother of the Lord, Who was also thought to be the son of Joseph. But some say that he was a nephew of Joseph, and the son of his brother Cleopas, who was also called Alphaeus and Mary his wife, who was the first cousin of the Theotokos. But even according to this genealogy, he was still called, according to the idiom of the Scriptures, the Lord's brother because of their kinship.

This Iakovos is called the Less by the Evangelists to distinguish him from Iakovos, the son of Zebedee, who was called the Great. He became the first Bishop of Jerusalem, elevated to this episcopal rank by the Apostles, according to Eusebius, and was called Obliah, that is, the Just, because of his great holiness and righteousness. Having ascended the crest of the Temple on the day of the Passover at the prompting of all, he bore testimony from there concerning his belief in Jesus, and he proclaimed with a great voice that Jesus sits at the right hand of the great power of God and shall come again upon the clouds of heaven. On hearing this testimony, many of those present cried, "Hosanna to the Son of David." But the Scribes and Pharisees cried, "So, even the just one hath been led astray," and at the command of Ananias the high priest, the Apostle was cast down headlong from thence, then was stoned, and while he prayed for his slayers, his head was crushed by the wooden club wielded by a certain scribe. The first of the Catholic (General) Epistles written to the Jews in the Diaspora who believed in Christ was written by this Iakovos.
Joyful Giving – Stewardship 2017 Pledge Form

My Pledge to St. George Greek Orthodox Cathedral in 2017 (Please respond as soon as you can!)

NAME_________________________________________________________SPOUSE (If Married)  __________________________________________

STREET_________________________________________________________CITY________________________STATE________________ZIP________________

HOME PHONE_______________________________MOBILE PHONE_______________________________

EMAIL ADDRESS_________________________________________EMAIL ADDRESS of Spouse (If Married)  ____________________________________

DEPENDENT CHILDREN’S names and birthdates: __________________________________________________________________________________

_______________________________________________________________________________________________________________________

May we include your contact information in the parish directory?  ☐ YES ☐ NO     May we add you to our parish email list?  ☐ YES ☐ NO

Indicate any information you would like excluded from parish directory: __________________________________________________________

---

TREASURE

In gratitude for God’s blessings, I/we commit to Christ and His Church the following amount for 2017: $________________________

I WILL FULFILL MY PLEDGE IN THIS MANNER:  ☐ MONTHLY ☐ QUARTERLY ☐ YEARLY ☐ OTHER

I WOULD LIKE TO HAVE MY PLEDGE BILLED TO MY DEBIT / CREDIT CARD. (This is preferred in order to save fees)

Card #:______________________________________________________________  Exp. Date:_____________  CCV#: ________________________

PLEASE BILL MY CARD:  ☐ YEARLY ☐ QUARTERLY ☐ MONTHLY

---

TIME & TALENT

NAME: ____________________________________________________________

INDIVIDUAL STEWARDS should indicate areas of interest with a check mark. FAMILIES should mark “H” for HUSBAND, “W” for WIFE, or “C” for CHILDREN.

EDUCATION

___ Bible Study
___ Adult Religious Education
___ Intro to Orthodoxy
___ Publications
___ Speakers
___ Library

YOUTH

___ Sunday School Teacher
___ GOYA
___ Little Lambs
___ Hope/Joy
___ Scouts
___ Basketball
___ Youth Choir

BUILDING & GROUNDS

___ Garden & Landscape
___ Clean-up
___ Interior Repairs
___ Exterior Repairs
___ Hall Rentals

ADMINISTRATION

___ Review / Audit
___ By-Laws
___ Office Help
___ Computer / Technical
___ Data Entry
___ Board of Directors
___ Anageneosis

DEVELOPMENT / FUNDRAISING

___ Glendi

LITURGICAL

___ Sanctuary & Altar Care
___ Altar boys / Acolytes
___ Baking Prosfora
___ Choir
___ Reader
___ Greeter / Usher

MINISTRIES & PROGRAMS

___ Campus Ministry
___ Welcome Team
___ New Member Events

COMMUNICATIONS

___ Website & E-mail
___ Bulletin & Newsletter
___ Public Relations
Michael & Donna Aboshar
Mark & Elaine Adam
Arthur Adamakos
Joanne Adamakos
Alex & Agoritsa Ageritas
Bill Avallakes
Anastasia Ambargis
Alex Anagnost & Amy Cloutier
Dick & Demetria Anagnost
Stavros Anagnost
Joye Skapertas Anderson
Alexander Apostol
Panagiota Arfanakis
Milton & Sally Argeriou
James Arvanitis
William & Cheryl Argeriou
Brad & Katerina Atkinson
Christos & Alexandra Babis
Christine Ballas
Toula Barber
Ashley Bardwell-Moularge
Curtis & Erika Barnes
Agapi Baryiames
Helen Benson
George & Joy Bentas
William & Susan Berry
Lawrence & Zoya Berube
Andrew & Michelle Blake
Philip & Anita Blastos
Connie Boardman
Diane Bobotas
Peter & Kate Boisvert
Thomas & Joanne Bonito
Mary Booras
Thomas & Paula Borbotsina
Keir & Joanne Bordner
Arthur & Sandra Boujoukos
Christopher & Angela Bourassa
Nancy Timbas Brennan
Rosemary Buder
Fanny Canotas
Vasiliki Canotas & Mark McCue
Brian, Cathy, & Alexis Carr
Daniel & Amanda Casey
Gregory & Meagan Chadis
Dorothy Chakas
Steve Chakas
William & Maria Chalage
Fran Chiavaras
Stephanie Chiavaras
Christos & Barbara Chrisafides
Dean & Evangeline Christon
William Christy
Marie Clapsaddle
Ronald & Marion Coble
Pamela Colantuono
Brian Comerford
Frank & Alice Comerford
George Copadis
Nick Copadis
Jason & Apsasia Cote
Lynn Cross
Elaine Croteau
Alice Crusade
Andrew & Heather Cummings
Jenny Dakos
Maria Dakos
Julia Damalas
Maria Damalas
Stauris Damalas
Nancy Daskal
John & Vasoulla Demos
Vivi Desjardins
Victoria Dewey
Michael & Demetra Dillon
George & Linda Dimakis
Harry Dimos
James & Alyssa Dimos
Michael & Christina Dimos
Zoes & Athena Dimos
Rob & Angela Dion
Tom & Carol Dionis
Kyrilakis & Theologia Donias
Nicholas & Artemis Donis
Michael & Joanne Doukeris
Effie Doukas
John & Marie Doukas
Stephen Emanouil
Koula Fasekis
Michael & Elizabeth Ferraris
Robyn & Alexis Ficek
Nancy Folis
Timothy & Kristine Gagne
George & Bessie Gamas
Adamantia Gatsas+
Matthew & Celia Gatsas
Michael Gatsas
Pauline Gatsas
Theodore & Cassandra Gatsas
George & Olga Gatzouli
Kostas & Visaria Gekas
Demetrios & Stephanie Georgakilis
Philip George
Alexander Georgou
Gigi Georges & Jeff Oxman
Arthur & Sarah Giavroutas
Stephen & Brenda Gikas
Aphrodite Giotas
Ifigenia Giotas
John Giotas
Nicholas Giotas
Tim & Vangie Giotas
Martin & Caroline Glennon
John Grammas
Christopher Gregorios
Evangelos & Grace Griburis
Sophie Grimanis
Peter & Tania Gustafson
Pamela Hagen
Maria Hand
Athanasios & Vaya Handras
Georgia Karafotis Harb
Nick & Louise Hart
Nicholas & SeSun Hartofelis
Olga Havelis
Stephanie Spanos Honan
Christy Houpis & Dawn McGuire
William & Jennifer Hughes
William & Joan Hughes
John Ine
Alice Ivos
Alexander & Jessica Jasiukowicz
Nicholas Jaskolka
John & Kathryn Jaskolka
Jason & Alexis Jones
Betty Kacavas
Nola Kalantzis
Nicholas & Julie Kalipolitis
Angeliki Kanellos
William & Orania Kanteres
Christos & Haido Karageorgos
Emilianos & Theodora Karagiannis
Theodore & Panagiota Karameetros
John & Barbara Karanasios
Eva Karananis
Rigas & Maria Karoutso
John & Elaine Katsoupis
Chris & Helen Kehas
Anna Kennefick
Peter & Elaine Kiriaoutos
George & Elizabeth Kitisis
Martha Kokkinos
Andrea Kokolis
Ernest Kotekas
William Kotekas
Mary Koukos
Dennis & Anita Kouras
Michael & Effie Koustas
Nicholas & Despina Koustas
Kathy Koutroubas & Family
Johny & Katelyn Kuttab
George & Dafnoula Lalopoulos
Diane Spiro Lallocher
Michael & Erica Lawton
John & Eudoxia Lazos
Stefanos Letares
Phil Liakos
Stephan & Maureen Liakos
Menelaos+ & Mary Lianos
Adam Love
Alice Love
Jeanne Lucas
Daniel & Maria Lustenberger
John & Marie MacArthur
Bill & Claire Macenas
M. Kathryn MacPhee
Eleni Magerias+
Stamatia Malatras
Helena Malik
Effie Mandelos
Pamela Manolakis
Joyce Manta
Soterios Margaritis
Linda Martin
Anthony & Karen Massahos
Margarit Mathios
Barbara McCabe
Harry & Imelda Mehos
Socrates & Eudoxia Merisiotis
Aspa Michalopoulos
Kerri Mikolaities
Olgas Mikolaities
Bill & Valerie Millios
Spiro & Maria Millios
David Minkle & Helen Tsiopoulos
Katherine Mitchel+
Demetrios Mitsopoulos
Nikolas Mitsopoulos
Spiro & Sharon Mitsopoulos
Timothy Mitsopoulos
Zachary Mitsopoulos
Zafieris & Roula Mitsopoulos
Souliana Mokas
Marilyn Motowylak
Cathy Mougouf
Bess Mousseau
Elai Mousis
Kosta & Nikki Moutsios
Nick Moutsios
John Nacos
Leonidas & Georgia Nacos
Andromaina Nakhos
Doukas & Brunelle Nakos
Mark Nakos
Theodora Nakos
Effie Naum
Julia Naum
Charles, Iris & Nicholas Newdorf
Paul & Joanna O'Brien
Michael & Elaine Oleniak
Androniky O'Neil
Joy Osborne
Michael & Joan O'Shaughnessy
Ralph & Voula Pavligeri
Demetrios & Maria Palangas
Nicholas Palangas
William Pananos
Costas & Mary Papachristos
Frank & Athanasia Papanicolau
Arthur & Dawn Pappas
Chris Pappas
Paul Pappas+
William & Toni Pappas
Kristine Havelis Pelletier
Evangelos & Brenda Pervanas
George Petrakis
Eugenia Pleat
Greg & Beth Plantzas
Philip & Sofia Plantzas
Sophia Plantzas+
James & Hayley Politis
Evangelos & Pauline Poulos
Diane Poulos
Eleni Randos
Chrisoulia Ricard
Giorgio & Denise Ricciardi
George Saitas
Christos & Jackie Samaras
Dimotris & Christina Samaras
Eleni Samaras
George Samaras
Joanna Samaras
Nicholas & Stella Savvas
Diane Seitz
Michael Seitz
John & Maria Sinclair
George Sioras
Georgia Sousa
Kosta & Tina Spanos
Stergiou Spanos & Family
Katherina Springer
Lee Spyridakis
Stephen & Sonia Statires
Vangie Statires
John & Elizabeth Stavropoulos
James & Nita Stewart
Eva Stilke
Visarion Sverkos
Olga Sysyn
Aphrodite Tagalakis+
James & Dorothy Tagalakis
Lisa Tagalakis
Marc Tagalakis
Aphrodite Taris
Andrea Tartsa
Anthy Tartsa+
Vassilis & Nancy Tatsis
Tracy Terio
Theodora Thanos
Gregory Timbas
Nikoilios & Kylee Tingas
Vasiliki Tolios
Mary Tosi
George & Joyce Trapetis
Vasso Tsinos
Thomas & Virginia Tsigamokos
Hecoullos & Constantine Tsiourvas
Vassilios & Christos Tsiourvas
Alexandra Toussats
Despina Toussats
George Toussats
Despina Tzios
Panagiotis & Ashley Tzios
Anastasia Vailas
Tom & Cathy Valtton
Vasilios & Penelope Vasilopoulos
Christos Veziris
George & Constance Viscarola
Stergiou Vizakis
Vasilios Vlahos
James & Constance Vlangas
Fotios & Joanna Voguia
Theofilos & Angela Voguia
Vassilios & Christina Voguia
Edward & Cynthia Wade
Matthew & Mary Wade
Argy Walker
Timothy & Kristen Wheeler
Matthew & Megan Whitney
Michael & Ellen Whitney
Helen Wilcox
Fr. Agathonikos Wilson
Philip & Nicole Wu
Arthur Zetes
Artynthia & Joanna Zevos
Eri & Alyssa Zink
George & Phyllis Zioze
John Zioze
George & Ruth Zagopoulous

St. George Greek Orthodox Cathedral

STEWARDSHIP 2017
If you haven’t joined us yet….please do!!
It’s not too late to join us in Sunday School!
Children in preschool (age 3) through 10th grade are welcome to participate in our Sunday School program.
We need you!
Sunday School is looking for volunteers.
We need teachers for various grades and many of the lead teachers could use an extra hand in the classrooms.
If you are interested or need more information please see Athena Moutsoulis Bevan, Sunday School Supervisor.

Dear St. George Community,
God has given us so many wonderful gifts. One of the best gifts He gave us is His Word as it is written in the Bible. Studying His Word reminds us of the amazing things God has done for us and that He is always with us and cares for us.

Our children have an amazing opportunity to come together once a week in Sunday School to study and learn about God and His Word. Although we have a very limited time for Sunday School, our children are hard at work learning, praying and enjoying reading God’s Word. The time we spend together in Sunday School will increase their knowledge and understanding of the amazing love God has for every one of us.

I am looking forward to another amazing year in Sunday School!

Sincerely,
Athena Moutsoulis Bevan

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 24</td>
<td>Opening Sunday First day of Sunday School &amp; Family BBQ</td>
</tr>
<tr>
<td>October 1</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>October 8</td>
<td>Family Sunday/NO class Columbus Day Wknd</td>
</tr>
<tr>
<td>October 15</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>October 22</td>
<td>Regular Sunday - Prosoforo Making</td>
</tr>
<tr>
<td>October 29</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>November 5</td>
<td>Family Sunday/NO class - Marathon Sunday</td>
</tr>
<tr>
<td>November 12</td>
<td>Regular Sunday - Pancake Breakfast</td>
</tr>
<tr>
<td>November 19</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>November 26</td>
<td>Family Sunday/NO class - Thanksgiving</td>
</tr>
<tr>
<td>December 3</td>
<td>Regular Sunday - Rehearsal Christmas Pageant</td>
</tr>
<tr>
<td>December 10</td>
<td>Christmas Pageant and Party</td>
</tr>
<tr>
<td>December 17</td>
<td>Christmas Pageant and Party Snow Date</td>
</tr>
<tr>
<td>December 24</td>
<td>Family Sunday/NO class</td>
</tr>
<tr>
<td>December 31</td>
<td>Christmas Holiday Break</td>
</tr>
<tr>
<td>January 7</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>January 14</td>
<td>Regular Sunday - Teaching Liturgy</td>
</tr>
<tr>
<td>January 21</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>January 28</td>
<td>Regular Sunday - Godparent Sunday</td>
</tr>
<tr>
<td></td>
<td>&amp; Gyro Luncheon Fundraiser</td>
</tr>
<tr>
<td>February 4</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>February 11</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>February 18</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>February 25</td>
<td>Family Sunday/NO class - Winter Break</td>
</tr>
<tr>
<td>March 4</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>March 11</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>March 18</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>March 25</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>April 1</td>
<td>Regular Sunday - Palm Sunday</td>
</tr>
<tr>
<td>April 8</td>
<td>Family Sunday/NO class - Easter</td>
</tr>
<tr>
<td>April 15</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>April 22 F</td>
<td>Family Sunday/NO class - Spring Vacation</td>
</tr>
<tr>
<td>April 29</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>May 6</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>May 13</td>
<td>Regular Sunday</td>
</tr>
<tr>
<td>May 20</td>
<td>Last day of Sunday School</td>
</tr>
<tr>
<td></td>
<td>End of year program</td>
</tr>
<tr>
<td></td>
<td>SS sponsored coffee hour</td>
</tr>
<tr>
<td>June 2</td>
<td>Canobie Lake Park Field Trip (Tentative Date)</td>
</tr>
</tbody>
</table>

ST. GEORGE GREEK ORTHODOX CATHEDRAL 2017-2018
SUNDAY SCHOOL CALENDAR
Children will assemble in the church at 10 AM each Sunday for Divine Liturgy and then proceed to classrooms after Communion. Students will be dismissed from class at 11:45 AM. There will be a collection in the classroom each Sunday for Orthodox Christian Missions and charities.
THE IMPORTANCE OF CHURCH SCHOOL

Christian education is a permanent challenge for the work of the Church. Not only did our Lord continuously teach the word of God during His earthly mission, but the Church as well from the earliest times looked upon Christian education as one of its essential ministries. As the first Christians joined the Church, they devoted themselves to the Apostle’s teaching and fellowship, to the breaking of bread and the prayers.

The greatest gift, the most precious inheritance that we have to give to our children, is our Orthodox Faith. Jesus makes it clear that He wants children to come to know Him, and that He considers it a grave offense for an adult to hinder this process or lead a child astray: “Whoever causes one of these little ones who believe in Me to sin, it would be better for him to have a great millstone fastened round his neck and to be drowned in the depth of the sea” (Matthew 18:6).

The central aim of Christian education in our Church is to evoke and nurture faith in Jesus Christ according to the Orthodox vision out of which issues a genuine Orthodox way of life. The Church nurtures a living awareness of the risen Christ in our midst, who is the true Celebrant of the Sacraments and the true Teacher of His people, and makes Himself known to us by the grace of the Holy Spirit. The whole range of Orthodox educational material becomes effective to the degree that communicates the love and spirit of Christ.

The focus of our efforts to educate our beloved children in the Orthodox Christian Faith must remain in our Church School program. When we bring our children regularly to Church School, we provide them with a gift of knowledge that has lifelong value and significance. The need of Christian education is as immediate as when the disciples first appealed to Jesus: “Teach us to pray” (Luke 11:1). Christian education is an essential ministry in the Church. It can be as vital and meaningful as the whole body of the Church makes it through the provision of adequate staff, spiritual and financial resources. The validity of Christian education is demonstrated by the truth that a well-informed Christian is a spiritually committed Christian within the greater body of the Church. The commission of Christian education comes from the Lord Himself: “Go therefore and make disciples of all nations, teaching them to observe all that I have commanded you, and lo I am with you always, to the close of the age” (Matthew 28:19-20).

NATIONAL CHURCH MUSIC SUNDAY
SUNDAY, OCTOBER 1, 2017

Each year, on the first Sunday in October (on or after the Feast of St. Romanos the Melodist, the patron saint of church musicians), parishes across the Archdiocese of America celebrate NATIONAL CHURCH MUSIC SUNDAY. This commemoration was inaugurated by His Eminence, Archbishop Iakovos of North and South America in 1982, and has been re-affirmed by His Eminence, Archbishop Demetrios of America.

NATIONAL CHURCH MUSIC SUNDAY is a day we set aside particularly to honor the contributions of local choir members, psaltai, and music educators who serve their churches through the hymnology of our Orthodox Church. In addition, it is a day when we recognize the work of the diocesan choir federations as well as the National Forum of Greek Orthodox Church Musicians, who through their music ministry, strive to enhance the development of church choirs, church musicians, and liturgical music at diocesan and archdiocesan levels.

We take this opportunity to publicly thank our chanters and our choir director, organist and choir members for their love of Christ and for their dedicated service to the music ministry of our beloved Saint George Cathedral.

UPCOMING FAMILY EVENTS

Pumpkin Carving Family Fun Night Fri, Oct 20th
Card Making Family Fun Night Fri, Nov. 3rd
Gingerbread House Family Fun Night Fri, Dec. 8th

All Family Fun Nights are from 6:00 p.m. – 9:00 p.m. in the Community Center.
OCTOBER IS NATIONAL BREAST CANCER AWARENESS MONTH

HOW TO DEFEND YOURSELF AGAINST BREAST CANCER

Early detection is so far the best defense against breast cancer. The reason is not far-fetched as early detection enhances timely treatment of infection. This can be done through regular breast examination. These days, much information is found in a variety of publications on breast self examination. Women are advised to make use of information from their health care professionals. This notwithstanding, the following guidelines are in agreement with the American Cancer Society’s recommendations.

By getting a mammogram done annually if you are over 40 years of age.

Through proper annual clinical breast examination (CBE) by a health care professional if you are over 40 years of age – preferably around the time that you receive your mammogram.

By having a CBE done once every three years if you are 20 to 39 years of age.

Conducting monthly breast self-exam if you are over 20 years of age.

Reducing cigarette intake – according to research statistics, nearly 50% of women are sensitive to the carcinogens in tobacco, which implies more risks of developing breast cancer.

Increasing the amount of fresh fruits and vegetables intake. This is because they contain antioxidant vitamins and other nutrients that can help in cancer prevention.

Eating foods high in phytoestrogen, a chemical found in soy products, flaxseed, and whole grains.

Reducing alcohol intake. High alcohol intake has been statistically linked to an increase in the risk of breast cancer.

By exercising regularly and maintaining normal body weight. These two factors help in breast cancer prevention.

PRAYER FOR THE CONQUEST OF CANCER

Let us pray to the Lord, Lord have mercy.

Our Lord, in whose hands are the issues of life and death, we thank You that You are a God of Love. From the gift of our lives to the moment we return to You, we are in Your loving care. We turn to You in times of joy and pain. We are concerned with those in pain, those who suffer from cancer, and those who care for them. Bless, we pray, those who minister to the victims of this dread disease. Give them the skill and knowledge that cures may be wrought. Heal, we pray, those who suffer that their pain may be replaced by joy. Give, we pray, a discovery of the cure for cancer and the knowledge of how to prevent it. Increase, we pray, Your ministry of healing through all who labor and research and the health professions. That one day we may rejoice in a world free from the scourge of cancer in which all may live out their span of life in useful service to You.

We pray this in Your Holy Name, Father, Son, and Holy Spirit, now and forever, and unto the ages of ages. Amen.

Greek Dance Class for Adults

2017-2018 Sunday Dates

6:00-8:00 PM

October 15, 22, 29
November 05, 12, 19
December 03, 10
January 07, 14, 21, 28
February 11, 18

St. George Cathedral
650 Hanover St.
Manchester NH 03104

All levels welcome
$5 per session
Our 12th Season!

Instructors
Irene Savas – Director
Boston Lykeion
Ellinidon Dance Troupe

Angela Bourassa
Performer
Boston Lykeion Ellinidon
Dance Troupe
Taverna Night

St. George Cathedral
650 Hanover Street
Manchester NH

October 21, 2017
7 p.m. – 11 p.m.

$20.00 admission
Children under 16 Free
includes Greek appetizers

Greek and American Music
The Salonica Boys
Beer and Wine Cash Bar

Tickets available at Church Office, after Liturgy on
Sundays during Coffee Hour
Return Service Requested
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. National Church Music Sunday Orthros 9 am Div. Lit. 10 am Sun. School 10 am.</td>
<td>2. Greek Pre-School 4:30—5:30 pm in CC. Adult Greek Class 6-7:30 p.m. in CC.</td>
<td>3.</td>
<td>4. Bible Study 11 am &amp; 6 pm at Annex. Cub Scout Mtg. 6 pm in CC.</td>
<td>5. Orthodox Life Class 6 pm at Annex.</td>
<td>6.</td>
<td>7.</td>
</tr>
<tr>
<td>29. Orthros 9 a.m. Div. Lit. 10 a.m. Sun. School 10 am.</td>
<td>30. Greek Pre-School 4:30 –5:30 pm in CC. Adult Greek Class 6-7:30 pm in CC.</td>
<td>31.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td><strong>Cathedral Office Closed</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sun</td>
<td>Mon</td>
<td>Tue</td>
<td>Wed</td>
<td>Thu</td>
<td>Fri</td>
<td>Sat</td>
</tr>
<tr>
<td>-----</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
<td>-----</td>
</tr>
<tr>
<td>Div. Lit 10 a.m.</td>
<td>Adult Greek Class 6-7:30 pm.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sun. School 10 a.m.</td>
<td>Joint Installations AHEPA/DOP 3 pm CC</td>
<td></td>
<td></td>
<td></td>
<td>Cathedral Office Closed</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Adult Greek Class 6-7:30 pm. BOD Mtg. 7 pm at Annex.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>19. Orthros 9 a.m.</td>
<td>20. Pre-School 4:30-5:30 pm. Adult Greek Class 6-7:30 pm. in CC.</td>
<td>21. Feast of the Presentation Div. Lit 10 am.</td>
<td>22. No Bible Study. No Cub Scouts</td>
<td>23. Happy Thanksgiving (Office Closed)</td>
<td>24. Cub Scout Babysitting 5 am—2 pm in CC. (Office Closed)</td>
</tr>
<tr>
<td>Div. Lit 10 a.m.</td>
<td>Sun. School 10 a.m.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>26. Orthros 9 a.m.</td>
<td>27. Pre-School 4:30-5:30 pm. Adult Greek Class 6-7:30 pm.</td>
<td>28.</td>
<td>29. Bible Study 11 am &amp; 6 pm at Annex. Cub Scout Mtg. 6 pm at Annex.</td>
<td>30. Feast of St. Andrew Div. Lit 10 am. Orthodox Life Class 6 pm at Annex.</td>
<td></td>
</tr>
</tbody>
</table>
NAME_____________________________________________________________

ADDRESS________________________________________________________________

CITY, STATE, ZIP CODE____________________________________________________

PHONE NUMBER__________________________________________________________

EMAIL ADDRESS___________________________________________________________

DATE OF BIRTH____________________________________________________________

MOTHER’S NAME___________________________________________________________

FATHER’S NAME___________________________________________________________

Does your child have any allergies or medical conditions that the staff should be aware of?

___________________________________________________________________________

___________________________________________________________________________

I give permission for pictures of my child to be used in the St. George Greek Orthodox Cathedral newsletter and St. George Greek Orthodox Cathedral social media.

___________________________________________________________________________

Parent Signature